

Ex - It

拍數: 32 牆數: 2 級數: Improver
編舞者: Jan Brookfield (UK)
音樂: That's The Way You Make An X - Mark Chesnutt



WALK, WALK, COASTER STEP, ROCK STEP, HALF TURN SHUFFLE

1-2 Walk forward on right then left
3&4 Drop back onto right, step left next to right, step forward on right
5-6 Step forward on left, rock back onto right
7&8 Making half a turn over left shoulder, shuffle forward on left, right, left

WALK, WALK, COASTER STEP, ROCK STEP, THREE QUARTER TURN SHUFFLE

9-10 Walk forward on right then left
11&12 Drop back onto right, step left next to right, step forward on right
13-14 Step forward on left, rock back onto right
15&16 Making a three quarter turn over left shoulder, shuffle forward on left, right, left

Now facing 9:00

SIDE & CROSS, SIDE & CROSS, PIVOT HALF TURN, FORWARD SHUFFLE

17&18 Step right to side, rock onto left in place, step right across in front of left
19&20 Step left to side, rock onto right in place, step left across in front of right
21-22 Step right forward, pivot half turn over left shoulder, weight now on left
23&24 Shuffle forward on right, left, right

Now facing 3:00

HIP BUMPS, QUARTER & HALF TURN SHUFFLES, COASTER STEP

25&26& Small step on left to side, at same time bumping hips left, continue bumping hips right, left, right
27&28 Shuffle to left on left, right, left making a quarter turn to left on last step
29&30 Shuffle on right, left, right making a half turn to left
31&32 Step back on left, step right next to left, step forward on left (now facing 6:00)

REPEAT
