

拍數: 48 牆數: 2 級數: Improver

編舞者: Joanne Brady (USA) 音樂: Evil Girl - Scooter Lee



RIGHT POINT CROSS, LEFT POINT CROSS, RIGHT POINT CROSS, LEFT POINT CROSS

1-2 Point right toe to right side, cross right foot in front of left
3-4 Point left toe to left side, cross left foot in front of right
5-6 Point right toe to right side, cross right foot in front of left
7-8 Point left toe to left side, cross left foot in front of right

Styling note: as you point your right toe to side, pull left shoulder slightly back; as you point left toe to side, pull your right shoulder slightly back

HALF TURN LEFT, POINT, AND POINT, AND HEEL AND TOUCH

1-2 Step ball of right foot forward, turn quarter left shifting weight to left foot (1, 2) 3-4 Step ball of right foot forward, turn quarter left shifting weight to left foot (3, 4)

For styling, add a hip circle to the left with each quarter turn

Point right toe to right side, step right next to left, point left toe to side \$7&8 Step left next to right, tap right heel forward, step right next to left

Low impact variation:

5-6 Point right toe to right, step right next to left

7-8 Point left toe to left, touch left toe slightly forward next to right toe

If you touch slightly forward it will set you up for your sweep which starts the next set of 8

TOUCH LEFT TOE SLIGHTLY FORWARD NEXT TO RIGHT TOE, SWEEP STEPS (3 TIMES), ROCK RECOVER

1-2	Sweep left toe back slightly behind right, step down on left foot
3-4	Sweep right toe back slightly behind left, step down on right foot
5-6	Sweep left toe back slightly behind right, step down on left foot

7-8 Rock back onto right foot, recover weight to left foot

Styling note: while 'sweeping' left toe back raise left hip slightly and roll left shoulder back, drop hip when you step on left; while sweeping right toe back raise right hip slightly, etc

HALF TURN LEFT, LEFT, KICK BALL CROSS, STEP, DRAG

1-2 Step ball of right foot forward, turn quarter left shifting weight to left foot (1, 2) 3-4 Step ball of right foot forward, turn quarter left shifting weight to left foot (3, 4)

Styling note: add a hip circle to the left with each quarter of a turn

Kick right foot forward, step right next to left, cross left over right
 Take a big step to right, drag left toe and touch next to right

CROSS ROCK, CHASSE LEFT, ROCK FORWARD, RECOVER, RIGHT COASTER

1-2 Cross left over right, recover to right
3&4 Side shuffle to the left, left, right, left (3&4)
5-6 Rock forward on right, recover to left

7&8 Step back on right, step left next to right, step forward on right

LEFT BRUSH, STOMP, RIGHT BRUSH, STOMP, ROCK, RECOVER, TRIPLE WITH HALF TURN LEFT

1-2	Brush left foot forward, stomp left forward, angling your body slightly right
3-4	Brush right foot forward, stomp right forward, angling your body slightly left

5-6 Rock forward on left foot, recover weight to right foot

7&8 Triple step (left, right, left) on the spot while making a half turn left