

Everything But

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Eilla Kay (UK)
音樂: Unbreakable Heart - Jessica Andrews



ROCKS, ½ TURN SHUFFLE, ROCKS, ½ TURN SHUFFLE

1-2 Rock forward on right. Rock back on left
3-4 Shuffle ½ turn over right shoulder stepping right, left, right
5-6 Rock forward on left. Rock back on right
7-8 Shuffle ½ turn over left shoulder stepping left, right, left

½ TURN SHUFFLE, ROCKS, TURNS, CROSSING SHUFFLE

9-10 Shuffle ½ turn over left shoulder stepping right, left, right
11-12 Rock back on left, rock forward on right
13-14 Step left to left. On ball of left turn ½ right stepping right to right
15-16 Step left over right, step right to right, step left over right

ROCKS, FULL TURN, SHUFFLE, ROCKS

17-18 Making ¼ turn right rock forward on right, rock back on left
19 On ball of left foot turn ½ right stepping forward right*
20 On ball of right foot turn ½ right stepping back left*

An easier alternative to steps 19-20 is to step back right, lock left in front of right. This takes out the turn

21-22 Shuffle back right, left, right
23-24 Rock back on left, forward on right

SIDE, TOGETHER, CROSSING SHUFFLE, TURNS, CROSSING SHUFFLE

25-26 Step left to left, slide right next to left
27-28 Step left over right, step right to right, step left over right
29-30 Step right to right, on ball of right turn ½ left stepping left to left
31-32 Step right over left, step left to left, step right over right

ROCKS, SHUFFLE, FULL TURN, SHUFFLE

33-34 Rock forward on left making ¼ turn left. Rock back on right
35-36 Shuffle backwards left, right, left
37 On the ball of left foot turn ½ right stepping forward right
38 On ball of right foot turn ½ right stepping back left

An easier alternative to steps 37-38 is to step back right, lock left in front of right. This takes out the turn

39-40 Shuffle back on right, left, right

ROCKS, TURNING SHUFFLE, POINT, TURN, SHUFFLE

41-42 Rock back on left, rock forward right
43-44 Shuffle forward left, right, left making ¼ turn right
45-46 Point right toes forward. On ball of left foot turn right stepping forward right
47-48 Shuffle forward on left, right, left

CROSS, UNWIND, CHASSE, ROCKS, ½ TURN SHUFFLE

49-50 Cross right over left. Unwind ½ left
51-52 Step left to left, close right beside left step left to left
53-54 Rock back on right, rock forward on left
55-56 Shuffle ½ turn stepping right, left, right

ROCKS, ½ TURN SHUFFLE, STEP TOUCHES

57-58 Rock back on left, forward on right
59-60 Shuffle $\frac{1}{2}$ turn stepping left, right, left
61-62 Step back right turning $\frac{1}{4}$ right, touch left beside right
63-64 Step left to left side, touch right beside left

REPEAT
