

Everythang

拍數: 48 牆數: 4 級數: Improver
編舞者: Liam Hrycan (UK)
音樂: I Got Everything - George Jones



RIGHT KICK-OUT-OUT (BACK), KNEE POP TWICE, RIGHT KICK-OUT-OUT (BACK), KNEE POP TWICE

1&2 Kick right foot forward, step right foot slightly back and to right side, step left foot to left side
3-4 Pop both knees forward twice, raising heels on each pop
5&6 Kick right foot forward, step right foot slightly back and to right side, step left foot to left side
7-8 Pop both knees forward twice, raising heels on each pop

RIGHT KICK-BACK-TOUCH, LEFT STEP/RIGHT SCUFF, RIGHT JAZZ BOX WITH HOLD/CLAP

1&2 Kick right foot forward, step right foot slightly back, touch left toe in front of right foot
3-4 Step left foot forward, scuff right foot forward
5-6 Cross step right foot over left, step left foot back and to left side
7 Step right foot to right side
8 Hold position and clap hands

LEFT KICK-STEP-CROSS, LEFT SIDE SHUFFLE, RIGHT BACK ROCK/RECOVER, RIGHT KICK-STEP-CROSS

1&2 Kick left foot forward, step left foot to left side, cross step right foot over left
3&4 Step left foot to left side, step right foot to place beside left, step left foot to left side
5-6 Rock right foot back, recover weight onto left foot
7&8 Kick right foot forward, step right foot to right side, cross step left foot over right

RIGHT SIDE SHUFFLE, LEFT BACK ROCK/RECOVER, FULL TURN RIGHT (TRAVELING LEFT) WITH RIGHT CROSS TOUCH

1&2 Step right foot to right side, step left foot to place beside right, step right foot to right side
3-4 Rock left foot back, recover weight onto right foot
5-6 Step left foot to left side a ¼ turn right, step right foot back a ½ turn right
7-8 Step left foot forward a ¼ turn right, touch right toe across in front of left leg

Counts 5-7 make a full turn right traveling to the left

RIGHT SIDE STEP/LEFT CROSS TOUCH, LEFT SIDE STEP/RIGHT CROSS TOUCH, RIGHT SIDE SHUFFLE (¼-RIGHT), TRIPLE STEP FORWARD (½-RIGHT)

1-2 Step right foot to right side, touch left toe across in front of right leg
3-4 Step left foot to left side, touch right toe across in front of left leg
5&6 Step right foot to right side, step left foot to place beside right, step right foot to right side a ¼ turn right
7&8 Triple step forward a ½ turn right, stepping - left, right, left

RIGHT COASTER STEP, WALK FORWARD (LEFT, RIGHT), LEFT KICK/(&) LEFT STEP FORWARD/RIGHT TOUCH BEHIND/(&) RIGHT STEP BACK, LEFT KICK/STEP BACK

1&2 Step right foot back, step left foot to place beside right, step right foot forward
3-4 Walk forward - left, right
5& Kick left foot forward, step left foot slightly forward
6& Touch right toe in place behind left foot, step right foot slightly back
7-8 Kick left foot forward, step left foot back

REPEAT