

Everybody Dance Now

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Susan Webb (USA)
音樂: Gonna Make You Sweat - C&C Music Factory



Dance starts 16 counts after you hear the second "Everybody Dance Now"

POINT RIGHT TOE OUT & POINT LEFT TOE OUT, CROSS RIGHT OVER LEFT & UNWIND ½ TURN, REPEAT

1&2 Point right toe to right side, step right foot back in place, point left toe to left side
&3-4 Step left foot back in place, cross right over left, unwind ½ turn left
5&6 Point right toe to right side, step right foot back in place, point left toe to left side
&7-8 Step left foot back in place, cross right over left, unwind ½ turn left

JUMP FORWARD & BUMP HIPS LEFT-RIGHT-LEFT (UPPER BODY LEANED FORWARD), JUMP BACK, BUMP HIPS LEFT-RIGHT-LEFT (UPPER BODY UPRIGHT) 2 KICK BALL CROSSES

&1&2 Jump forward on right foot, step left beside right, bump hips left, right, left (snap fingers on 2)
&3&4 Jump back on right, step left beside right, bump hips left, right, left (snap fingers on 4)
5&6 Kick right foot forward, step ball of right foot back beside left, cross and step left foot over right
7&8 Kick right foot forward, step ball or right foot back beside left, cross and step left foot over right

PIVOT ON RIGHT TOE ¼ TURN RIGHT, LIFT SHOULDERS RIGHT-LEFT-RIGHT, HOP BACK ON RIGHT & PIVOT ON LEFT TOE ½ TURN TO LEFT, LIFT SHOULDERS RIGHT-LEFT-RIGHT

1-2 Point right toe on floor beside left foot and pivot on toe ¼ turn right
3&4 Lift shoulders right left right
&5-6 Hop back on right foot, point left toe to floor, pivot on toe ½ turn left
7&8 Lift shoulders right left right

SHUFFLE FORWARD LEFT-RIGHT-LEFT, SHUFFLE ½ TURN LEFT, COASTER STEP LEFT-RIGHT-LEFT, JUMP TURNING ¼ TURN RIGHT & SQUAT, STAND UP

1&2 Shuffle forward left right left
3&4 Shuffle right left right turning ½ turn left
5&6 Step left back, step right back, step left forward
&7-8 Jump on right foot turning ¼ turn right, step left beside right and squat, stand up

SHUFFLE RIGHT-LEFT-RIGHT TURNING ¾ TURN LEFT, LEFT COASTER STEP, RIGHT KICK-BALL-SQUAT, MOVE SHOULDERS LEFT-RIGHT-LEFT COMING TO A STANDING POSITION

1&2 Shuffle right left right turning left ¾ turn left
3&4 Step left foot back, step right foot back, step left foot forward
5&6 Kick right foot forward, step ball of right foot beside left, step left foot shoulder width beside right and squat
7&8 Move shoulders left right left coming to a standing position

RIGHT SAILOR STEP, LEFT SAILOR STEP, 4 BOOGIE WALKS RIGHT-LEFT-RIGHT-LEFT WITH FINGER SNAPS

1&2 Step right behind left, step left beside right, step right beside left
3&4 Step left behind right, step right beside left, step left beside right
5-8 Step forward bending right knee out, step forward bending left knee out, step forward bending right knee out, step forward bending left knee out (snap fingers right-left-right-left on each step)

REPEAT
