

Everybody

拍數: 48 牆數: 4 級數: Improver
編舞者: Chris Jones (UK)
音樂: Absolutely Everybody - Vanessa Amorosi



SKATE TWICE RIGHT SHUFFLE, SKATE TWICE LEFT SHUFFLE

1-2 Step forward right swiveling right, step forward left swiveling left
3&4 Step forward right step left up to right step forward right
5-6 Step forward left swiveling left, step forward right swiveling right
7&8 Step forward left step right up to left step forward left

CROSS ROCKS WITH SIDE SHUFFLES

9-10 Cross rock right over left, recover back onto left
11&12 Step right to right side step left next to right step right to right side
13-14 Cross rock left over right, recover back onto right
15&16 Step left to left side step right next to left touch left to left side

RIGHT & LEFT HEEL SWITCHES & CLAPS, LEFT & RIGHT HEEL SWITCHES & CLAPS

17&18 Dig right heel forward replace right next to left dig left heel forward
&19&20 Replace left next to right dig right heel forward clap twice
21-24 Repeat 17 to 20 but starting with left

STOMP ROCK WITH ½ TURNING SHUFFLE, STOMP ROCK WITH ¾ TURNING SHUFFLE

25-26 Stomp rock left forward, recover onto right
27&28 Turn ½ turn to left stepping left forward step right up to left step left forward
29-30 Stomp rock right forward, recover back onto left
31&32 Turn ¾ turn right stepping right forward step left next to right step right forward

STEP LEFT RIGHT LEFT KICK & 2 SYNCOPATED JAZZ STEPS

33 Step left to left side
34 Step right to right side
35 Step left to left side
36 Kick right diagonally to left
37&38 Cross right across left step left to left step right to right
39&40 Cross left across right step right to right step left to left

ROCK STEP WITH FULL TURNING SHUFFLE, ROCK STEP WITH COASTER STEP

41-42 Rock forward right, recover onto left
43&44 Turn full turn right stepping right forward left to right & right forward
45-46 Rock left forward, recover onto right
47&48 Step left back step right next to left step left forward

REPEAT

Alternative steps

43&44 Right to right, left in place, right in place