

Every Trick

拍數: 48 牆數: 4 級數: Improver
編舞者: Betsy Baugess (USA)
音樂: All for You - Janet Jackson



STEP COASTER; PIVOT COASTER; STEP COASTER; PIVOT COASTER

1-2- Step right forward, step left beside right
3&4 Right-coaster
5-6 Step on left and pivot right ½
7&8 Right-coaster
1-2 Step left forward, step right beside left
3&4 Left-coaster
5-6 Step on right and pivot left ½
7&8 Left-coaster

WALK FORWARD, ROCK RIGHT, WALK FORWARD, ROCK RIGHT; WALK FORWARD, HEEL FORWARD; WALK BACK, TOE BACK

1-2 Walk forward - right, left
3-4 Rock out on right and back on left
5-6 Walk forward - right, left
7-8 Rock out on right and back on left
1-2 Walk forward - right, left
3-4 Right heel forward, touch right beside left
5-6 Walk back - right, left
7-8 Bounce touch right toe behind, then out to the right

SWEEP RIGHT BEHIND LEFT; LEFT BEHIND RIGHT; RIGHT BEHIND LEFT; LEFT ¼ SAILOR

1-2 Quick circular sweep right behind left, (pushing the right knee into the back of the left, forcing the left heel to pick up); hold
3-4 Quick circular sweep left behind right, (pushing the left knee into the back of the right, forcing the right heel to pick up); hold
5-6 Quick circular sweep right behind left, (pushing the right knee into the back of the left, forcing the left heel to pick up); hold
7&8 Sweep left into a left ¼ turning sailor

POINT LEFT; HEEL FORWARD; TOUCH RIGHT BACK; ½ PIVOT STEP; STEP

1-2 Point left; hold
3-4 Left heel forward; hold
&5-6 Step on left, touch right toe back; hold
7-8 Pivot ½ right stepping on right then left

REPEAT
