

Every Second

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Liz Larsson (SWE)
音樂: Every Second Every Minute Every Hour - Collin Raye



POINT LEFT, STEP, POINT RIGHT, POINT TO RIGHT DIAGONAL, CROSS, SIDE, BEHIND, ¼ TURN LEFT

1-2 Point left to left, step left next to right
3-4 Point right to right, point right to right diagonal
5-6 Cross right over left, step left to left
7-8 Cross right behind left, ¼ turn left stepping left forward

ROCK FORWARD, ROCK BACK, STEP, HOLD, ¼ TURN LEFT, HOLD

1-2 Rock forward right, recover onto left
3-4 Rock back right, recover onto left
5-6 Step forward right, hold
7-8 Make a ¼ turn left, hold

TOE HEEL TOE KICK, JAZZ BOX

1-2 Touch right toe next to left, touch right heel next to left
3-4 Touch right toe next to left, kick right to right diagonal
5-6 Cross right over left, step back left
7-8 Step right to right, step forward left

STEP, HOLD, ¼ TURN LEFT, HOLD, ROCK, ½ TURN RIGHT, HOLD

1-2 Step forward right, hold
3-4 Make a ¼ turn left, hold
5-6 Rock forward right, recover onto left
7-8 Make a ½ turn right stepping back right, hold

REPEAT

TAG WITH RESTART

After count 16 on 5th wall:

POINT RIGHT, STEP, POINT LEFT, TOUCH

1-2 Point right to right, step right next to left
3-4 Point left to left, touch left next to right

TAG

At end of 2nd, 4th, 7th, 9th wall:

JAZZ BOX

1-2 Cross left over right, step back right
3-4 Step left to left, step forward right

FINISH:

Dance first 16 counts, then:

STEP OUT, OUT, IN, IN, CROSS UNWIND FULL TURN RIGHT

1-2 Step right to right, step left to left
3-4 Step right to center, step left beside right
5-6 Cross right behind left, hold
7 Make a full turn right and raise your arms

