Every Second



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Liz Larsson (SWE)

音樂: Every Second Every Minute Every Hour - Collin Raye



POINT LEFT, STEP, POINT RIGHT, POINT TO RIGHT DIAGONAL, CROSS, SIDE, BEHIND, 1/4 TURN

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1-2	Point left to left.	step left next to right

3-4 Point right to right, point right to right diagonal

5-6 Cross right over left, step left to left

7-8 Cross right behind left, ¼ turn left stepping left forward

ROCK FORWARD, ROCK BACK, STEP, HOLD, 1/4 TURN LEFT, HOLD

1-2 Rock forward right, recover onto left3-4 Rock back right, recover onto left

5-6 Step forward right, hold 7-8 Make a ¼ turn left, hold

TOE HEEL TOE KICK, JAZZ BOX

Touch right toe next to left, touch right heel next to left
 Touch right toe next to left, kick right to right diagonal
 Cross right over left, step back left

7-8 Cross right over left, step back left
Step right to right, step forward left

STEP, HOLD, ¼ TURN LEFT, HOLD, ROCK, ½ TURN RIGHT, HOLD

1-2 Step forward right, hold 3-4 Make a ¼ turn left, hold

5-6 Rock forward right, recover onto left

7-8 Make a ½ turn right stepping back right, hold

REPEAT

TAG WITH RESTART

After count 16 on 5th wall:

POINT RIGHT, STEP, POINT LEFT, TOUCH

1-2 Point right to right, step right next to left3-4 Point left to left, touch left next to right

TAG

At end of 2nd, 4th, 7th, 9th wall:

JAZZ BOX

1-2 Cross left over right, step back right3-4 Step left to left, step forward right

FINISH:

Dance first 16 counts, then:

STEP OUT, OUT, IN, IN, CROSS UNWIND FULL TURN RIGHT

1-2 Step right to right, step left to left

3-4 Step right to center, step left beside right

5-6 Cross right behind left, hold

7 Make a full turn right and raise your arms

