

Every Heartbeat

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Bill Larson (AUS)
音樂: Every Heartbeat - Amy Grant



WALK WALK WALK WALK, FORWARD ROCK ½ TURN SHUFFLE

1-2-3-4 Walk forward right, left, right, left
5-6-7&8 Step right forward, recover weight onto left, turning ½ right, shuffle forward right, left, right

PIVOT ¾ RIGHT, SIDE SHUFFLE, BACK ROCK, KICK BALL CROSS

1-2-3&4 Step left forward, pivot ¾ right, shuffle to left side: left, right, left
5-6-7&8 Step right behind left, recover weight onto left, kick right forward, step right beside left, cross step left over right

Restart from here on walls 4 and 10

KICK BALL CROSS, SIDE ROCK SAILOR CROSS, SIDE ROCK

1&2-3-4 Kick right forward, step right beside left, cross left over right, step right to side, recover weight onto left
5&6-7-8 Step right behind left, step left to side, cross right over left, step left to side, recover weight onto right

SAILOR CROSS STEP PIVOT SHUFFLE FORWARD ROCK CHANGE

1&2-3-4 Step left behind right, step right to side, cross left over right, step right forward, pivot ½ left
5&6-7-8 Shuffle forward right, left, right, step left forward, recover weight onto right
& Step left beside right

REPEAT

RESTART

On walls 4 and 10 (facing 3:00), dance the first 16 counts, then restart dance (facing 6:00)
