

Everlast

拍數: 32 牆數: 4 級數: Improver
編舞者: James "JP" Potter (USA)
音樂: Everlasting Love - Gloria Estefan



STEP RIGHT, ROCK BACK, RECOVER, ¼ TURN SHUFFLE, ROCK, RECOVER, COASTER STEP

- 1 Step right to right side dragging left towards right
- 2-3 Rock left behind right, recover weight to right
- 4&5 Step left to left side turning a ¼ turn left, step right next to left, step left forward
- 6-7 Rock forward on right, replace weight to left
- 8&1 Step back on right, step left next to right, step forward on right

CROSS OVER, STEP BACK, ½ TURN SHUFFLE, HIP SWAYS, PRESS, FLICK

- 2-3 Step left across right, step back on right
- 4&5 Step left back turning a ½ turn left, step right next to left, step left forward
- 6-7 Step right to right side swaying hips to right, step left to left side swaying hips to left
- 8-1 Press the ball of the right foot to right side, switch weight to left foot turning a ¼ turn left and flicking right

WALK, WALK, SIDE ROCK & CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, SHUFFLE ACROSS

- 2-3 Step right forward, step left forward
- 4&5 Rock right to right side, replace weight to left, step right across left
- Counts 6 and 7 travel to the back left diagonal, relative to the starting wall (7:00)**
- 6-7 Step back on left turning ¼ turn right, step back on right turning a ¼ turn right
- 8&1 Step left across right, step right slightly to right side, step left across right

SIDE ROCK, RECOVER, SAILOR STEP, CROSS ROCK, RECOVER, ¼ TURN LEFT

- 2-3 Rock right to right side, recover weight to left
- 4&5 Step right slightly behind left, step left slightly to left side, step right to right side
- 6-7 Rock left across right, recover weight to right
- 8 Step left to left side turning ¼ turn left

REPEAT

TAG

Done during the 1st, 4th, and 8th repetitions

You are going to drop the last 4 counts of the dance (tag actually starts with the last step of the sailor step (count 5 in the last set of 8) and do the following:

- 5-6 Step right to right side (this is the end of the sailor step), step left to left side and slightly forward
- 7&8 Kick right to right side, step right slightly behind left, step left to left side
- 1&2 Step right behind left, step left to left side, step right across left
- 3-4 Step left to left side, drag right next to left

Start over from the beginning.