

Evergreen

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Sarah Bellhouse (UK) & Cath Bellhouse (UK)
音樂: Evergreen - Will Young



Sequence: AB, AB, B (from count 25 to end then add once only: Cross right over left, twist full turn left ending with weight on left), B (counts 1-32), B (counts 1-40), B (counts 25-32)

PART A (VERSE)

SIDE ROCK, RECOVER, RIGHT COASTER STEP, ½ PIVOT TURN RIGHT, FULL TURN RIGHT

- 1-2 Rock right foot to right side, replace weight on left foot
3&4 Right coaster step - step right foot back, step left foot back, step right foot forward
5-6 Step forward on left foot, pivot turn ½ right, stepping onto right foot
7-8 Step forward left, make a full turn to right, stepping forward onto right foot

Now facing 6:00

FORWARD ROCK, RECOVER, LEFT COASTER CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, IN FRONT

- 9-10 Rock forward on left foot, rock back onto right foot
11&12 Left coaster cross - step left foot back, step right foot back, step left foot across in front of right
13-14 Rock right foot to right side, replace weight on left foot
15&16 Step right foot behind left, step left to left side, step right foot across in front of left

SIDE ROCK, RECOVER, LEFT COASTER STEP, ½ PIVOT TURN LEFT, FULL TURN LEFT

- 17-18 Rock left foot to left side, replace weight on right foot
19&20 Left coaster step - step left foot back, step right foot back, step left foot forward
21-22 Step forward on right foot, pivot turn ½ left, stepping onto left foot
23-24 Step forward right, make a full turn to left, stepping forward onto left foot

Now facing 12:00

FORWARD ROCK, RECOVER, RIGHT COASTER CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, IN FRONT

- 25-26 Rock forward on right foot, rock back onto left foot
27&28 Right coaster cross - step right foot back, step left foot back, step right foot across in front of left
29-30 Rock left foot to left side, replace weight on right foot
31&32 Step left foot behind right, step right to right side, step left foot across in front of right

½ PIVOT LEFT, LEFT COASTER STEP TWICE

- 33-34 Step forward on right foot, pivot a ½ turn left keeping weight back on right foot
35&36 Left coaster step - step left foot back, step right foot back, step left foot forward
37-38 Step forward on right foot, pivot a ½ turn left keeping weight back on right foot
39&40 Left coaster step - step left foot back, step right foot back, step left foot forward

PART B (CHORUS)

HIP BUMPS TO RIGHT AND LEFT DIAGONALS, FORWARD ROCK, RECOVER, TRIPLE ½ TURN RIGHT

- 1&2 Step right foot forward slightly to right diagonal bumping hips to right, bump hips left, bump hips right
3&4 Step left foot forward slightly to left diagonal bumping hips to left, bump hips right, bump hips left
5-6 Rock forward on right foot, recover weight back onto left foot
7&8 Triple ½ turn right, stepping right, left, right

HIP BUMPS TO LEFT AND RIGHT DIAGONALS, FORWARD ROCK, RECOVER, TRIPLE ½ TURN LEFT

- 9&10 Step left foot forward slightly to left diagonal, bumping hips to left, bump hips right, bump hips left
- 11&12 Step right foot forward slightly to right diagonal, bumping hips to right, bump hips left, bump hips right
- 13-14 Rock forward on left foot, recover weight back onto right foot
- 15&16 Triple ½ turn left, stepping left, right, left

SCUFF RIGHT, SHUFFLE BACK, SCUFF LEFT, SHUFFLE BACK, TOE HEEL CROSS TWICE

- &17 Scuff right foot forward and step back onto right foot crossing in front of left foot traveling back towards left diagonal
- &18 Step diagonally back left, step back right in front of left
- &19 Scuff left foot forward and step back onto left foot crossing in front of right foot traveling back towards right diagonal
- &20 Step diagonally back right, step back left in front of right
- 21& Tap right toe beside left foot, tap right heel beside left foot
- 22 Cross right foot in front of left
- 23& Tap left toe beside right foot, tap left heel beside right foot
- 24 Cross left foot in front of right

POINT, STEP TWICE, PIVOT ½ TURN TWICE

- 25-26 Point right toe to right side, step right foot across in front of left
- 27-28 Point left toe to left side, step left foot across in front of right
- 29-30 Step forward right, pivot ½ turn left
- 31-32 Step forward right, pivot ½ turn left

RIGHT ROCK, RIGHT SAILOR STEP, LEFT ROCK, LEFT SAILOR STEP

- 33-34 Rock right foot to right side, recover weight onto left
- 35&36 Right sailor step - cross right behind left, step left to left side, step right in place
- 37-38 Rock left foot to left side, recover weight onto right
- 39&40 Left sailor step - cross left behind right, step right to right side, step left in place
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