

Ever Ready Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Get Ready - The Temptations



2X CROSS STEP-SIDE STEP-SIDE BACK STEP, CROSS STEP, SIDE STEP

- 1-2 Cross left foot over right, step right foot to right side
- 3-4 Step left foot to left side & slightly backward, cross step right foot over left
- 5-6 Step left foot to left side, step right foot to right side & slightly backward
- 7-8 Cross left foot over right, step right foot to right side

2X STEP FORWARD-CROSS TOE TOUCH-STEP BACKWARD-½ TURN STEP FORWARD

- 9 (Turn body diagonally right) step forward onto left foot,
- 10 (Leaning backward) touch right toe forward across back of left foot
- 11-12 (Straightening body) step backward onto right foot, turn ½ left & step forward onto left foot
- 13 (Turn body diagonally left) step forward onto right foot
- 14 (Leaning backward) touch left toe forward across back of right foot
- 15-16 (Straightening body) step backward onto left foot, turn ½ right & step forward onto right foot

SLOW REVERSE COASTER STEP, ¼ RIGHT SIDE STEP, CROSS STEP SIDE STEP, ¼ LEFT ROCK STEP, STEP

- 17-18 Step forward onto left foot, step right foot next to left
- 19-20 Step backward onto left foot, turn ¼ right & step right foot to right side
- 21-22 Cross step left foot over right, step right foot to right side
- 23-24 Turn ¼ left & rock step backward onto left foot, step onto right foot

2X FORWARD CROSS STEP-STEP-TOGETHER, DIAGONAL STEP FORWARD, ½ RIGHT SIDE STEP

- 25-26 (Leaning backward) cross step left foot forward over right, step onto right
- 27-28 (Straighten up) step left foot next to right, (leaning backward) cross step right foot forward over left
- 29-30 Step onto left foot, (straighten up) step right foot next to left
- 31-32 Step left foot diagonally forward right, turn a little over ½ right (to face wall) & step right foot to right side

REPEAT
