

Even The Cowboy

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Truus & Ed
音樂: Cowboys Like a Little Rock and Roll - Chris LeDoux



HEEL AND TOE TWISTS; CLAP

- 1 Left foot & right foot twist heels left
- 2 Left foot & right foot twist toes left
- 3 Left foot & right foot twist heels left (raise right heel)
- 4 Clap

HEEL AND TOE TWISTS; CLAP

- 5 Left foot & right foot twist heels right
- 6 Left foot & right foot twist toes right
- 7 Left foot & right foot twist heels right (raise left heel)
- 8 Clap

HEEL STRUT (2X)

- 9 Left heel forward
- 10 Drop left toe
- 11 Right heel forward
- 12 Drop right toe

HIP BUMPS

- 13 Push hips right
- 14 Push hips left
- 15 Push hips right
- 16 Push hips left

RIGHT SHUFFLE; LEFT SHUFFLE

- 17&18 Shuffle forward, right-left-right
- 19&20 Shuffle forward, left-right-left

HEEL-BALL-CHANGE (2X)

- 21&22 Touch right heel forward, step right beside left, touch left toe beside right
- 23&24 Touch left heel forward, step left beside right, touch right toe beside left

1/8 TURN LEFT (2X)

- 25 Turn 1/8 left on left foot keeping weight on right foot
- 26 Replace weight on left foot
- 27 Turn 1/8 left on left foot keeping weight on right foot
- 28 Replace weight on left foot

HEEL DIG; STEP BACK; STEP IN PLACE (2X)

- 29 Right heel forward (while turning toes from the inside to the outside)
- 30 Left foot step back
- 31 Right foot step next to left
- 32 Left foot step in place

JAZZ BOX

- 33 Step right foot across left foot

- 34 Left foot step back
- 35 Right foot step right
- 36 Left foot step next to right foot

RIGHT FOOT HEEL FORWARD & TOE BACK

- 37 Right heel forward
- 38 Replace weight to left foot
- 39 Right toe touch back
- 40 Replace weight to left foot

1/8 TURN LEFT (2X)

- 41 Turn 1/8 left on left foot keeping weight on right foot
- 42 Replace weight on left foot
- 43 Turn 1/8 left on left foot keeping weight on right foot
- 44 Replace weight on left foot

HEEL-BALL-CHANGE (2X)

- 45&46 Touch right heel forward, step right beside left, touch left toe beside right
- 47&48 Touch left heel forward, step left beside right, touch right toe beside left

RIGHT SHUFFLE; LEFT SHUFFLE

- 49&50 Shuffle forward, right-left-right
- 51&52 Shuffle forward, left-right-left

HIP BUMPS

- 53 Push hips right
- 54 Push hips left
- 55 Push hips right
- 56 Push hips left

TOE STRUT (2X)

- 57 Right toe forward
- 58 Drop right heel
- 59 Left toe forward
- 60 Drop left heel

SIDE SWITCHES; STEP IN PLACE

- 61 Right toe touch right
- & Right foot step next to left
- 62 Left toe touch left
- & Left foot step next to right
- 63 Right toe touch right
- 64 Right foot stomp next to left

REPEAT
