

Even If I Tried

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Bev Senft (CAN) & Dave Senft (CAN)
音樂: No News - Lonestar



LEFT TURNIN' SUGAR FOOT/ COASTER STEPS

- 1 Left toe touch to right instep,
- &2 ¼ turn to the left on ball of right foot, left heel touch forward
- 3& Left step back, right step back together
- 4 Left step forward (weight on left foot)

RIGHT TURNIN' SUGAR FOOT/ COASTER STEPS

- 5 Right toe touch to left instep,
- &6 ¼ turn to the right on ball of left foot, right heel touch forward
- 7& Right step back, left step back together
- 8 Right step forward (weight on right foot)

SYNCOPATED HOPS

- &9 Left foot hop forward, right foot step beside left
- 10 Hold with clap
- &11 Right foot hop back, left foot step beside right (feet and knees together)
- 12 Hold with clap

KNEE ROLLS / TOUCH AND STEP

- 13 C/w circular knee roll (on the balls of your feet)
- 14 C/w circular knee roll (on the balls of your feet)
- 15&16 Right toe touch to right side; right step beside left, touch left toe to left side,
- &17 Left step beside right, touch right toe to right side
- 18 Hold with clap

RIGHT KICK, BALL, CROSS X3

- 19&20 Right kick across left; right ball step, left step across right
- 21&22 Right kick across left; right ball step, left step across right
- 23&24 Right kick across left; right ball step, left step across right

RIGHT MONTEREY TURN

- 25-26 Right toe touch to right side; ½ spin right stepping right beside left foot (weight on right foot)
- 27-28 Left toe touch to left side; left step beside right (weight to left foot)

TOUCH AND STEP, HOLD

- 29&30 Right toe touch to right side; right step beside left, touch left toe to left side
- &31 Left step beside right, touch right toe to right side
- 32 Hold with clap

RIGHT KICK, BALL CROSS, RIGHT VINE LEFT, LEFT CROSS RIGHT

- 33&34 Right kick across left; right ball step, left step across right
- 35-36 Right step to right side; left step cross behind right
- 37-38 Right step to right side; left cross step over right

RIGHT MONTEREY TURN

- 39-40 Right toe touch to right side, ½ spin right stepping right beside left foot (weight on right foot)

41-42 Left toe touch to left side; left step beside right (weight to left foot)

RIGHT KICK BALL CHANGE, TOUCH, TOUCH, UNWIND, CLAP

43&44 Right foot kick forward; right ball step beside left, left step beside right

45-46 Right toe touch to right side; right toe cross behind left heel

47 ½ turn right

48 Hold with clap (weight on right)

REPEAT

This dance was re-written with a few changes from Bev Senft's No News. We found that No News was very hard on the knees so it was changed. Original dance description is printed in Kris Kelf's "K Country" Books.
