

Eso Beso

拍數: 32 牆數: 4 級數:
編舞者: Anita Ludlow (UK)
音樂: Eso Beso - Hullabaloo



STEP, STEP, STEP/FLICK TWICE, CROSS, STEP, CROSS, STEP, CROSS, STEP, CROSS

- 1&2 Step small step forward left, step small step forward right, step small step forward left and flick right back
3&4 Step small step forward left, step small step forward right, step small step forward left and flick right back
5& Cross right over left, step left to left side
6& Cross right over left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

MAMBO ROCKS FORWARD & BACK, MAMBO ROCK WITH HALF TURN, PIVOT TURNS, COASTER

- 9& Rock forward on right, recover weight on left
10& Rock back on right, recover weight on left
11& Rock forward on right, recover weight on left swiveling on ball of left half turning right
12 Step forward on right
13& Step forward on left, half turn right stepping on right
14& Step forward on left, swivel on ball of left half turning right, swing right leg around in preparation for coaster step
15&16 Step back on right, step left next to right, step forward on right

TOUCH OUT/IN/OUT, CROSS SHUFFLE, STEP TOGETHER, CHASSE

- 17&18 Touch left toe to left side, touch left toe next to right, touch left toe to left side
19&20 Step left across right, step right to right side, step left across right
21-22 Step right to right side, step left next to right
23&24 Step right to right side, left next to right, right to right side

QUARTER TURN WITH STEP TAP, STEP TAP TWO MORE TIMES, CHASSE RIGHT

- 25-26 Quarter turn right stepping onto left, tap right next to left
27-28 Step left to left side, tap right next to left
29-30 Step right to right side, tap left next to right
Give the above 6 counts a really Latin feel by using the hips with the step taps in a circular motion
31&32 Step right to right side, step left next to right, step right to right side

REPEAT