

Eso Beso

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Elle-Jay (UK)
音樂: Eso Beso - Hullabaloo



¼ TURN RIGHT LOCK STEP, HOLD, STEP PIVOT ½ RIGHT, HOLD

1-4 Step ¼ to right, lock step left behind right, step forward right, hold
5-8 Step left forward ½ pivot turn right, touch left next to right, hold

LEFT LOCK STEP, HOLD, STEP PIVOT ½ LEFT, HOLD

9-12 Step left forward, lock step right behind left, step left forward, hold
13-16 Step right forward, ½ pivot turn left, touch right next to left, hold

SIDE ROCK & CROSS, HOLD, SIDE, CROSS, TOUCH, HOLD

17-20 Rock right to right side, recover left in place, cross right over left, hold
21-24 Side step left, cross right over left, touch left toe to left side, hold

CROSS, ¼ LEFT, STEP, HOLD, PADDLE STEPS LEFT

25-28 Step left across right, step back right ¼ turning left, step left next to right, hold
29-30 Touch right toe forward, pivot 1/8 turn left (circling hips to the left)
31-32 Repeat steps 29-30

FORWARD & BACK ROCK, FORWARD LOCK STEP, HOLD

33-34 Rock forward right, recover back left
35-36 Rock back right, recover forward left
37-40 Step forward right, lock step left behind right, step forward right, hold

TOE TOUCH, HIP BUMPS, COASTER STEP, HOLD

41-42 Touch left toe forward pushing left hip forward, push right hip back
43-44 Push left hip forward, push right hip back
45-48 Step left back, step right next to left, step forward left, hold

STEP, HOLD, PIVOT ½ LEFT, HOLD, WALK RIGHT, LEFT, TOUCH, HOLD

49-52 Step forward right, hold, pivot ½ turn left, hold
53-56 Walk forward right, left, touch right next to left, hold

SIDE STEPS RIGHT, SIDE STEP LEFT, TOUCH

57-58 Side step right, step left next to right (Cuban hips)
59-60 Repeat steps 57-58
61-64 Large side step left, drag right and touch next to left (shimmying shoulders & click fingers)

REPEAT

TAG

After the 5th wall

CROSS, ¼ RIGHT, 2 SIDE STEPS & TOUCHES, SIDE STEP, TOGETHER

1-2 Step right across left, step left back ¼ turning right
3-4 Side step right, touch left next to right
5-6 Side step left, touch right next to left (shimmy shoulders counts 5-8)
7-8 Side step right, step left next to right
9-24 Repeat 1-8 twice more

CROSS, ¼ RIGHT, SIDE, CROSS, TOE TOUCH

25-26 Step right across left, step left back ¼ turning right

27-29 Side step right, cross left over right, touch right toe to right side

30-32 Hold (arms with attitude)

On 8th wall on final count 36 (section 5) stomp left foot forward (arms with attitude)
