Escuchame (Listen To Me)



拍數: 56 牆數: 2 級數: Intermediate

編舞者: Noel Bradey (AUS)

音樂: Escúchame (Listen To Me) - Jaci Velasquez



SIDE, BESIDE, SIDE, ROCK BACK, REPLACE, FORWARD, ½ PIVOT, FORWARD

1-2-3-4 Step right to right side, step left beside right, step right to right side, rock/step back on left
5-6-7-8 Replace weight forward on right, step left forward, pivot turn ½ turn right (weight right), step

left forward (6:00)

1/4 PIVOT TURN, CROSS/STEP, SIDE, BEHIND, SIDE, CROSS, HOLD, BEHIND SIDE, CROSS SIDE

1-2-3 Pivot turn ¼ turn right (weight right), cross/step left over right, step right to right side (9:00)

4&5-6 Cross/step left behind right, step right to right side, cross/step left over right, hold

&7&8 Step right to right side, cross/step left behind right, step on right to right side, cross/step left

over right

ROCK SIDE, REPLACE, BEHIND, SIDE, CROSS, HITCH, BALL, STEP FORWARD STEP FORWARD

1-2-3-4 Rock/step right to right side, replace weight to left, cross/step right behind left, step left to left

side

5-6 Cross/step right over left, hitch left up and forward pointing left toe downwards

&7-8 Step on ball of left beside right, step right forward, step left forward

1/2 PIVOT, 1/2 STEP, 1/4 SIDE SHUFFLE, CROSS, HOLD, SIDE, BEHIND, SIDE CROSS OVER

1-2 Pivot turn ½ turn right (weight right), turn a further ½ turn right stepping back on left (3:00) 3&4-5-6 (Traveling to right) turn ¼ turn right and side shuffle to right stepping right to right side, left beside right, step right to right side, cross/step left over right, hold (12:00)

&7&8 Step on right to right side, cross/step left behind right, step on right to right side, cross/step

left over right

1/4 FORWARD, REPLACE, 1/4 SIDE, CROSS/STEP, REPLACE, 1/4, 1/2, 1/4 WITH DRAG

1-2-3-4 Turn ¼ turn right to rock/step right forward, replace weight back onto left, turn ¼ turn right to

rock/step right to right side, cross/step left over right (6:00)

5-6-7-8 Replace weight to right, turn ½ turn left stepping left forward, turn ½ turn left stepping right

back, turn 1/4 turn left stepping left to left side and dragging right towards left (6:00)

BALL, CROSS/OVER, HOLD, BALL, CROSS/BEHIND, HOLD, BESIDE, ½ PIVOT ½ PIVOT

&1-2 Step slightly back on ball of right, cross/step left over right, hold

&3-4 Step on right slightly forward and to right, cross/step left behind right, hold

&5-6-7-8 Step on right beside left, step left forward, pivot turn ½ turn right, step left forward, pivot turn

½ turn right (weight right) (6:00)

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FORWARD, REPLACE, TRIPLE STEP, TOUCH BACK, REVERSE ½ PIVOT, TRIPLE ½ TURN

1-2-3&4 Rock/step left forward, replace weight to right, triple step traveling slightly back left, right, left 5-6-7&8 Touch right toe back, reverse ½ turn pivot turn right (weight right), triple ½ turn right stepping

left, right, left (6:00)

REPEAT

RESTART

On wall 2, dance to count 48, add an & count stepping left beside right and restart

TAG

At the end of walls 4&5

1-2-3&4 Rock/step right to right side, replace weight to left, triple step on the spot stepping right, left,

right

5-6-7&8 Step left forward, pivot turn ½ turn right, turn ½ turn right stepping left, right, left

On wall 6, dance to count 17 and then add

&1-2 Replace weight to left turning 1/4 turn left (to face 12:00), step right forward, step left beside

right

Restart from beginning facing 12:00

I choreographed this dance for Lai who has had a tough time of it lately. Smile & Enjoy and Dance Your Cares Away!