

# Escape

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Carolyn Robinson (USA) & Rick Robinson (USA)  
音樂: Escape (The Pina Colada Song) - Rupert Holmes



Sequence: AAB AAB AAB AA

## SECTION A

**RIGHT MAMBO FORWARD; LEFT MAMBO BACK; RIGHT SIDE TRIPLE; full turn TURN RIGHT; SIDE POINT LEFT**

1&2                      Step right forward, step left in place, step right beside left  
3&4                      Step left back, step right in place, step left beside right  
5&6                      Side step right, step left beside right, side step right  
7&8                      Cross left over right turning ½ right, step right ½ right to complete full turn turn, point left toe left

**SWEEP LEFT ½ TURN LEFT; RIGHT MAMBO BACK; STEP LEFT; RIGHT STEP-LOCK-STEP; ROCK & ¼ LEFT**

1                          Sweep left toe ½ turn behind right stepping on left  
2&3                      Step right back, step left in place, step right beside left  
4                          Step left forward  
5&6                      Step right forward, lock step left behind right, step right forward  
7&8                      Rock left forward, recover right, step left ¼ left (facing 3:00 wall)

**TOUCH & TOUCH; ROCK & ½ RIGHT; WALK, WALK; STEP-TURN ½ LEFT-STEP**

1&2                      Touch right beside left, point right, touch right beside left  
3&4                      Rock right forward, recover left, turn ½ right on right (facing 9:00 wall)  
5-6                      Step left forward, step right forward  
7&8                      Step left forward, pivot ½ right, step left forward (facing 3:00 wall)

**SWAY RIGHT-LEFT-RIGHT; SWAY LEFT-RIGHT-LEFT; ROCK & ¼ RIGHT; CROSS & CROSS**

1&2                      Sway hips right, sway hips left, sway hips right  
3&4                      Sway hips left, sway hips right, sway hips left  
5&6                      Rock right forward, recover left; side step right ¼ right (facing 6:00 wall)  
7&8                      Cross left over right, side step right, cross left over right

## SECTION B

**CHA-CHA; LEFT SIDE TRIPLE; ROCK & ½ TURN RIGHT; STEP RIGHT; QUICK STEP LEFT**

1-3                      Side step right, step left forward, step right in place  
4&5                      Side step left, step right beside left, side step left  
6-7                      Rock right forward, recover left  
8&                      Step right ½ turn right, step left (facing 6:00 wall), side step right

**CHA-CHA; LEFT SIDE TRIPLE; ROCK/RECOVER ½ TURN RIGHT; STEP RIGHT; QUICK STEP LEFT**

2-3                      Step left forward, step right in place  
4&5                      Side step left, step right beside left, side step left  
6-7                      Rock right forward, recover left  
8&                      Step right ½ turn right, step left (facing 12:00 wall)