

Escape

拍數: 96 牆數: 2 級數: Intermediate
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音樂: Escape - Enrique Iglesias



ROCK FORWARD, ROCK BACK, COASTER, STEP FORWARD, TOUCH, JUMP OUT, TOUCH

- 1-2-3&4 Rock forward onto right, rock back onto left, right coaster step (step back onto right, step left together, step forward onto right)
5-6&7-8 Step forward onto left, touch right toe together, (traveling left) step down onto right, step left to left side, touch right together

HEEL, & CROSS, ¼ TURN, HEEL, ¼ TURN, HEEL, & WALK FORWARD

- 1&2-3-4 Right 45, jump onto right to center, step left over right, turning ¼ turn left step back onto right, touch left heel forward
&5-6 Starting a ¼ turn left jump left to center, completing ¼ turn step right to right side, touch left heel forward
&7-8 Jump left to center, step forward onto right, step forward onto left

RIGHT SIDE SHUFFLE, ROCK BACK, ROCK FORWARD, LEFT SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

- 1&2-3-4 Shuffle to right side stepping right to right side, left together, right to right side, rock back onto left behind right, rock forward onto right
5&6-7-8 Shuffle to left side stepping left to left side, right together, left to left side, rock back onto right behind left, rock forward onto left

STEP FORWARD, ½ PIVOT, FULL TURN, SHUFFLE FORWARD, STEP FORWARD ¼ PIVOT

- 1-2-3-4 Step forward onto right, pivot ½ left, traveling forward turning a full turn left - step back right ½ turn, step forward left ½ turn
5&6-7-8 Shuffle forward stepping right-left-right, step forward onto left, pivot ¼ turn right

CROSS SHUFFLE, STEP ½ TURN, CROSS SHUFFLE, STEP ½ TURN

- 1&2-3-4 Cross shuffle left over right traveling right stepping left-right-left, step right to right side, turning ½ turn left step left to left side
5&6-7-8 Cross shuffle right over left traveling left stepping right-left-right, step left to left side, turning ½ turn right step right to right side

CROSS, POINT, ½ TURN, TOUCH, & HEEL, & STEP, STEP LOCK (START OF DOROTHY STEP)

- 1-2-3-4 Cross left over right, point right to right side, turning ½ turn right on left foot step right together, touch left to left side
&5&6 Jump left to center, touch right heel forward 45 degrees right, jump right to center, step forward onto left
7-8 Start of Dorothy step - step right forward 45deg right, lock left behind right

DOROTHY STEP, STEP SIDE, ½ TURN, ROCK OVER, ROCK BACK, START FULL TURN

- &1-2&3 Jump right to center, step left forward 45 degrees left, lock right behind left, jump right to center, step right to right side
4-5-6 Turning ½ turn left step left to left side, rock right over left, rock back onto left
7-8 Starting a full turn right - turning ¼ turn right step forward onto right, turning ½ turn right step back onto left

COMPLETE FULL TURN, & STEP, ¼ TURN ½ TURN, EXTENDED SHUFFLE, KICK

- 1&2 Complete full turn by turning ¼ turn right stepping right to right side, step left together, step right to right side

- 3-4 Turning $\frac{1}{4}$ turn right step forward onto left, turning $\frac{1}{2}$ turn right spinning on left foot step forward onto right
- 5&6&7-8 Extended shuffle forward stepping left-right-left-right-left, kick right forward 45 degrees right

BEHIND, SIDE, CROSS, & HEEL, & CROSS, STEP, $\frac{1}{2}$ TURN, HEEL & HEEL

- 1&2&3 Step right behind left, step left to left side, cross right over left, jump left to left side, touch right heel to right side
- &4-5-6 Jump right to center, cross left over right, step right to right side, turning $\frac{1}{2}$ turn left step left to left side
- 7-8 Touch right heel forward 45deg right, jump right to center, touch left heel forward 45 degrees left

& STEP, $\frac{1}{4}$ PIVOT, HEEL & HEEL, & STEP, $\frac{1}{4}$ PIVOT, CROSS, POINT

- &1-2- Jump left to center, step forward onto right, pivot $\frac{1}{4}$ turn left
- 3&4 Touch right heel forward 45 degrees right, jump right to center, touch left heel forward 45 degrees left
- &5-6 Jump left to center, step forward onto right, pivot $\frac{1}{4}$ turn left
- 7-8 Cross right over left, point left toe to left side

BEHIND, POINT, ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ TURN SHUFFLE, STEP, $\frac{1}{2}$ PIVOT

- 1-2-3-4 Step left behind right, touch right toe to right side & slightly back, rock forward onto right, rock back onto left
- 5&6-7-8 Turning $\frac{1}{2}$ turn right shuffle forward right-left-right, step forward onto left, pivot $\frac{1}{2}$ turn right

SIDE SHUFFLE, ROCK, SIDE SHUFFLE, STEP $\frac{1}{2}$ TURN, & STEP

- 1&2-3-4 Shuffle to left side stepping left-right-left, rock right behind left, rock forward onto left
- 5&6-7 Shuffle to right side stepping right-left-right, turning $\frac{1}{2}$ turn left step left to left side
- &8 Jump right to center, step forward onto left

REPEAT
