

Escapade

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: The 3 Amigos (UK)
音樂: Escapade - Janet Jackson



KICK, CROSS, POINT & ROCK, SYNCOPATED WEAVE, SLIDE

1&2 Kick right forward, cross over left, point left to left side
&3-4 Bring left back to place, rocking onto right, recover back onto left
5&6 Right behind left, left to the side, cross right over left
7-8 Slide left to left side, touching right to place

¼ TURNING SAILOR, STEP & STEP, WALK FORWARD RIGHT, LEFT

1&2 Cross right behind left, step left to left side into ¼ turn right, step right to place
3-4&5-6 Left step forward, hold, bring right behind left and step forward onto left, hold
7-8 Step right forward, step left forward

ROCK, HEEL JACK, CROSS & UNWIND, APPLEJACKS TRAVELING RIGHT

1-2 Rock right forward, recover onto left
&3&4-5 Step right diagonally back, touch heel diagonally forward, bring left back to place and cross right over left, unwind ½ turn left
6-7&8 Swivel left heel & right toe to right, swivel left toe & right heel to right - repeat 6 & 7 traveling right

LEFT & RIGHT HEEL SWITCHES, ½ TURN, ROCK, FULL TURN

1&2& Left heel tap forward, bring back to place and switch bringing right heel forward, bring back to place
3-4 Step left forward ½ turn right
5-6 Rock forward onto left, recover onto right
7&8 Full triple turn (left, right, left) over left shoulder

REPEAT
