

Engine, Engine

拍數: 32 牆數: 2 級數: Beginner west coast swing
編舞者: Nancy McDavid (USA)
音樂: Engine Engine #9 - Roger Miller



RIGHT SLIDES FORWARD AT 45 DEGREES; LEFT SIDES FORWARD AT 45 DEGREES

- 1-4 Step right forward at 45 degrees, drag left to right; step right forward at 45 degrees; touch left to right instep
- 5-8 Step left forward at 45 degrees, drag right to left; step left forward at 45 degrees; touch right to left instep

Can be done with hand motions for aerobic value: circular motions with both hands in fist at side of body turning like a locomotive wheel.

ZIG ZAGS BACK

- 9-10 Step right back at 45 degree angle, touch left to right instep
- 11-12 Step left back at 45 degree angle, touch right to left instep
- 13-16 Repeat counts 9-12

Finger snaps with both hands swaying right, left, right, left at shoulder level

SLIDE RIGHT TWICE; SLIDE LEFT TWICE

- 17-20 Slide to right side with right foot, drag left to right, slide to right side with right foot, touch left to right instep
- 21-24 Slide to left side with left foot, drag right to left, slide to left side with left foot, touch right to left instep

Circular motions to the left with both hands in front at chest level as you go right; circular motions to the right with both hands in front at chest level as you go left.

STEP TOUCHES TURNING ¼ TO RIGHT TWICE

- 25-28 Step ¼ turn to right with right foot; touch left to right instep; step left foot to left side, touch right foot to left instep
- 29-32 Repeat counts 25-28

Swing both hands at waist level right, left, right left.

REPEAT
