Endless Peace



拍數: 0 牆數: 0 級數:

編舞者: Tan You Cheng

音樂: The End - Groove Coverage



Sequence: A, B, B, B, B, C, A, B, B, B

PART A

RIGHT SIDE SHUFFLE, BACK ROCK, REPLACE, LEFT SIDE SHUFFLE, BACK ROCK, REPLACE

1&2 Step right to right, step left beside right, step right to right

3-4 Rock left behind, replace weight on right

Step left to left, step right beside left, step left to left

7-8 Rock right behind, replace weight on left

TOE STRUTS, SQUARE BOX

Touch right to right, step right in place
Cross touch left over right, step left in place
Step right to right, step left to left turning ¼ left

7-8 Step right to right turning ½ left, step left to left turning ½ left

SIDE ROCK, CROSS, SIDE ROCK, CROSS, BACK SHUFFLE, BACK ½ TURN SHUFFLE

Rock right to right, replace weight on left, cross right over left Rock left to left, replace weight on right, cross left over right

5&6 Back shuffle on right-left-right

7&8 Back shuffle on left-right-left turning ½ left

FORWARD ROCKING CHAIR, LEFT PIVOT ½ TURN (TWICE)

1-2 Rock right forward, replace weight on left
3-4 Rock right back, replace weight on left
5-6 Step right forward, pivot ½ turn left
7-8 Step right forward, pivot ½ turn left

REPEAT, RIGHT SLIDE, DRAG

1-32 Repeat the above Part A steps

33-36 Slide right far to right, drag left towards right ending with weight on left (3 counts)

PART B

FORWARD ROCKING CHAIR, RIGHT SLIDE, DRAG, TOUCH (REPEAT ON REVERSE SIDE)

1&2& Rock right forward, replace weight on left, rock right back, replace weight on left

Hands movement: pouch both hands forward on 1, keep both hands on &

3-4 Slide right far to right, drag left towards right ending with touch

Hands movement: sweep right hand forming a vertical semi-circle from left to right

5&6& Rock left forward, replace weight on right, rock left back, replace weight on right

Hands movement: pouch both hands forward on 5, keep both hands on &

7-8 Slide left far to left, drag left towards right ending with touch

Hands movement: sweep left hand forming a vertical semi-circle from right to left

MASHED POTATOES, BACK COASTER STEP, SIDE ROCK, CROSS

& With weight on ball of left, turn both toes inward & lift right slightly off floor

1 Slide back on right, turning both toes outward

& With weight on ball of right, turn both toes inward & lift right slightly off floor

2 Slide back on left, turning both toes outward

&3&4 Repeat &1&2

5&6 Step right back, step left beside right, step right forward
7&8 Rock left to left, replace weight on right, cross left over right

RIGHT SLIDE, DRAG, BACK ROCK, REPLACE, LEFT SYNCOPATED WEAVE, SIDE ROCK, CROSS

1-2 Slide right far to right, drag left towards right

3-4 Rock left back, replace on right

5&6& Step left to left, cross right behind left, step left to left, cross right over left

7&8 Rock left to left, replace weight on right, cross left over right

VAUDEVILLE STEPS, PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT

Step right back, touch left heel diagonally forward, step left beside right, cross right over left Step left back, touch right heel diagonally forward, step right beside left, cross left over right

5-6 Step right forward, pivot ½ turn left 7-8 Step right forward, pivot ¼ turn left

For the 4th set of B, the last 2 steps are as follows STEP 1/4 TURN LEFT, TOUCH

7-8 Step right forward with ¼ turn left, touch left beside right

For the last set of B, the last 2 steps are as follows:

LEFT PIVOT ½ TURN

7-8 Step right forward, pivot ½ turn left (facing front wall)

Ending the whole dance with the following steps:

RIGHT SLIDE, DRAG

1-2 Slide right far to right, drag left towards right

PART C

RUMBA BOX

1-2	Step left to left, step right beside left
3-4	Step left forward, touch right beside left
5-6	Step right to right, step left beside right
7-8	Step right back, touch left beside right

STEP, TOGETHER, STEP, STEP, JAZZ BOX WITH 1/2 TURN

1-2	Step left to ¼ left, step right beside left
3-4	Step left forward, step right forward
5-6	Cross left over right, step right back

7-8 Step left to left turning ½ turn left, step right beside left

REPEAT

1-16 Repeat the above Part C steps, ending facing back wall

As the music is in counts of 4, add a hold after every waltz step

LEFT TWINKLE, HOLD, RIGHT TWINKLE, HOLD

1-4 Cross left over right, step ball of right to right turning body slightly left, step left to left, hold
5-8 Cross right over left, step ball of left to left turning body slightly right, step right to right, hold

FORWARD BALANCE, HOLD, BACK SLIDE, HOLD

Step left forward, step right beside left, step left in place, hold
Step right far back, slide left towards right (2 counts), hold

FULL TURN, HOLD, RIGHT TWINKLE, HOLD

1-4 Step left to left with left toe out to start into left turn, small step with right foot completing left

full turn, step left to left side, hold

5-8 Cross right over left, step ball of left to left turning body slightly right, step right to right, hold

CROSS, LEFT ½ TURN, HOLD, CROSS, SLIDE, DRAG, HOLD

- 1-4 Cross left over right, step right to right side turning ½ left, step left to left, hold
- 5-8 Cross right over left, slide left far to left, drag right towards left, (3 counts)

Hand movement: on counts 6-8, with left hand's index and middle fingers together, moving it across the body from right to left, gradually moving the two fingers apart and forming a v-shape.

Voice: on counts 6-8, together with steps and hand movement, saying and dragging the word, "peace", throughout the 3 counts.

9-12 Hold for 4 counts before proceeding with Part A, putting left hand down