

Emotion

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kath Dickens (UK)
音樂: Emotion - Bee Gees



RONDE ¼ (LEFT), CROSS, LEFT LOCK STEP BACK, RONDE ¼ (RIGHT), BEHIND, LEFT LOCK STEP FORWARD

- 1-2 Sweep right foot out and forward, making ¼ turn to left, step right over left, (9:00)
- 3&4 Step back on left, lock right across in front of left, step back on left
- 5-6 Sweep right out and back, making ¼ turn right, lock right behind left, (12:00)
- 7&8 Step forward on left, lock right behind left, step forward on left

SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, BEHIND, 2 X ¼ TURNS RIGHT

- 1-2 Rock right out to right side swaying hips right, recover weight onto left
- 3&4 Cross right behind left, step left to left side, cross step right over left
- 5-6 Rock left out to left side swaying hips left, recover weight onto right
- 7&8 Cross left behind right, make a ¼ turn right as you step forward onto right, make another ¼ turn right stepping left to left side, (6:00)

BEHIND, UNWIND ½ TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND, ¼ TURN, STEP

- 1-2 Cross right toe behind left, unwind ½ turn right taking weight onto right, (12:00)
- 3&4 Cross step left over right, step right to right side, cross step left over right
- 5-6 Rock right out to right side swaying hips right, recover weight onto left
- 7&8 Cross right behind left, make a ¼ turn left as you step forward on left, step forward on right, (9:00)

FORWARD ROCK, LEFT COASTER, FORWARD ROCK, RIGHT COASTER

- 1-2 Rock forward on left, recover weight back onto right
- 3&4 Step back on left, step right next to left, step forward on left
- 5-6 Rock forward on right, recover weight back onto left
- 7&8 Step back on right, step left next to right, step forward on right

POINT ACROSS - SIDE - TOUCH, BALL STEP, FORWARD ROCK, RECOVER, SHUFFLE ½ TURN LEFT

- 1-2 Point left toe diagonally across right, point left toe out diagonally left
- 3&4 Touch left toe next to right, step left next to right, step forward onto right
- 5-6 Rock forward on left, recover weight back onto right
- 7&8 Make a ¼ turn left stepping left to left side, step right next to left, make a ¼ turn left stepping forward on left, (3:00)

STEP, PIVOT FULL TURN LEFT, LEFT SHUFFLE FORWARD, PRESS, RECOVER, RIGHT LOCK STEP BACK

- 1-2 Step forward on right, make a full pivot turn left, hooking left foot in front of right
- 3&4 Step forward on left, step right next to left, step forward on left,
- 5-6 Press right toe forward bending right knee, recover weight back onto left
- 7&8 Step back on right, lock left across in front of right, step back on right

BACK ROCK, RECOVER, STEP, ¼ PIVOT TURN RIGHT, LEFT CROSS SHUFFLE, SIDE ROCK, RECOVER,

- 1-2 Rock back on left, recover weight forward onto right
- 3-4 Step forward on left, make a ¼ turn right taking weight onto right
- 5&6 Cross step left over right, step right to right side, cross step left over right

7-8 Rock right out to right side, recover weight onto left, (6:00)

Restart here on walls 2 & 4

BEHIND, UNWIND ½ TURN, KICK-BALL-POINT, CROSS, UNWIND ½ TURN, KICK-BALL-POINT

1-2 Cross right behind left, unwind ½ turn right taking weight onto right, (12:00)

3&4 Kick left forward, step left next to right, point right to right side

5-6 Cross right over left, unwind ½ turn left taking weight onto right, (6:00)

7&8 Kick left forward, step left next to right, point right to right side

REPEAT

RESTART

Restart after count 56 on walls 2 and 4

TO FINISH

At the end of wall 5, cross right over left and unwind to face front wall
