

The Elvis Movie Dance

COPPER **KNOB**
BY STEPHANIE BECK

拍數: 0 牆數: 0 級數:
編舞者: Stephanie Beck
音樂: Elvis Movie - Stephanie Beck



SECTION A

- 1-8 (Moving forward) step right ball chain, left ball chain, right ball chain, left ball chain
9-12 Jump out, jump in (crossing right foot over left). Turn to the back kick right foot back bending knee
13-24 Repeat counts 1-12

25-26 (Diagonal move) step ball chain
27-28 Twist right, left right
29-30 Step left ball chain
31-32 Twist left, right left
33-56 Repeat counts 1-24

SECTION B:

HIPS AND ELVIS POSE

- 1-4 Move hips around in a circle
5-8 Move hips to the left. Pose with arms up in the air, right heel up & hold pose
9-10 Simultaneously pose right knee in toward the left & bring left arm across to the right knee
11-12 Repeat the same move with left knee & right arm
13-16 Repeat both right knee & left knee poses at double time (right on 13, left on 14, right on 15, left on 16)

SECTION C:

JAIL HOUSE ROCK MOVE

- 1-2 Turn body to the right with arms at waist side pointing right (1,2)
3-4 Simultaneously step left foot up to right foot and right foot one step forward with left arm circling to the left, right arm circling to the right & both arms ending up same position as before (pointing from the waist)
5-6 Repeat 3-4
7 Step left foot together with right foot bending both knees while placing both hands behind head
8 Turn ½ turn to the left

9-16 Repeat counts 1-8 except on count 8 turn ¼ turn (facing the original starting position)
17-18 Jump forward
19-20 Jump forward
21-24 Jazz box starting with left foot over right
25-32 Repeat counts 17-24
33-40 Repeat diagonal move for 8 counts

SECTION D

- 1-2 Step out left foot to right foot. Arms following feet simultaneously
3-4 Step in left foot to right foot. Arms simultaneously follow feet & go up above head
5-8 Repeat 1-4
9-10 Step right foot out rocking hips around in a circle motion
11-16 Repeat last step 3 times until an entire circle has been completed

SECTION E

1-16 Repeat section B
17-40 Repeat counts 25-32 of section A 3 times
41-44 Hold Elvis pose
45-48 Double time right knee. Left knee poses

THE END

UH, THANK YOU.. THANK YOU VERY MUCH!
