The Elvis Blues



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Mark Cosenza (USA)

音樂: Elvis Presley Blues - Jimmy Buffett



STEP LOCK STEP BRUSH, STEP LOCK STEP BRUSH

Step forward right, lock left behind right, step right forward, brush left forward
Step forward left, lock right behind left, step left forward, brush right forward

ROCK FORWARD, ROCK SIDE, WEAVE AND HOLD

1-4 Rock right forward, recover left, rock right side, recover left

5-8 Cross right behind left, step left next to right, cross right in front of left, hold

SIDE TOUCH, SIDE, CROSS KICK, UNWIND AND POP

1-4 Step side left, touch right next to left, step side right, cross kick left over right

5 Step left foot across right

6-7 Unwind ¾ to the right keeping weight on left

8 Pop forward right knee

BUMP BUMP BUMP HITCH, BUMP BUMP BUMP HITCH

Moving diagonal right and facing diagonal left

1-4 Bump hips right, left, right and move forward right, left, right, hitch & swing left to face

diagonal right

Moving diagonal left and facing diagonal right

5-8 Bump hips left, right, left and move forward left, right, left, hitch & swing right to face front

Styling option: put your hands on your hips as you bump and travel forward

ROCK FORWARD, ROCK SIDE, STEP, PIVOT, WALK, WALK (OR FULL TURN)

1-4 Rock right forward, recover left, rock right side, recover left

5-8 Step forward right, turn ½ left (weight to left), step forward right, step forward left

Advanced Option:

7&8 Spin a full turn to the left

ROCK FORWARD, ROCK SIDE, STEP, PIVOT, WALK, HOLD

1-4 Rock right forward, recover left, rock right side, recover left

5-8 Step forward right, turn ½ left (weight to left), step forward right, hold

STEP DOWN, HOLD, POP RIGHT, LEFT, RIGHT, HOLD, ROCK BACK, RECOVER

1-4 Step left next to right, hold, pop right knee inward towards left, pop left knee inward towards

right

5-8 Pop right knee inwards towards left, hold, rock back right, recover left

FORWARD STRUT, TURN STRUT, FORWARD STRUT, TURN STRUT

1-2 Heel/toe strut forward right

Snap right finger on count 2

3-4 Turn ¼ left & heel/toe strut forward left

5-6 Heel/toe strut forward right

Snap right finger on count 6

7-8 Turn ¼ left & heel/toe strut forward left

Styling tip: when doing the snaps, swing your arm forward exaggerated from back to front

REPEAT

TAG

On Jimmy Buffett track only, following the end of the second wall (facing back), repeat the last 8 counts again where you will the face the front wall and begin again

ENDING (OPTIONAL)

When the beat ends, you will be on count 46 and facing the 9:00 wall. Jimmy then goes into a few notes of a capella. At this point, step right forward and slowly turn ½ to the left stepping onto your left and on the final note, step ¼ turn to the left stepping right next to left and perform your favorite elvis pose. You should be facing the front wall