

Elvis Blessed My Soul (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Trent Cummings (USA) & Mary Cummings (USA)
音樂: Elvis Blessed My Soul - The Dean Brothers



Position: closed position, man facing LOD, lady facing RLOD, steps are opposite
The dance is done in a Quick-Quick-Slow (Q-Q-S) rhythm

(MAN): WALK FORWARD (LADY): WALK BACK

1-2-3-4 **MAN:** Walk forward left, bring right together, walk forward left, pause
 LADY: Walk back right, bring left together, walk back right, pause
5-6-7-8 **MAN:** Walk forward right, bring left together, walk forward right, pause
 LADY: Walk back left, bring right together, walk back left, pause

(MAN): STEP IN PLACE, $\frac{3}{4}$ TURN LEFT (LADY): 1 $\frac{1}{4}$ TURN RIGHT, STEP IN PLACE

Release man's right hand and lady's left, raise man's left arm and lady's right, lady turns under the raised arms

9-10-11-12 **MAN:** Step in place left, step in place right, step in place left, pause
 LADY: Begin 1 $\frac{1}{4}$ turn right stepping right, left, finish turn stepping right, pause

Man now turns under the same raised arms

13-14-15-16 **MAN:** Begin $\frac{3}{4}$ turn left stepping right, left, finish turn stepping right, pause
 LADY: Step in place left, step in place right, step in place left, pause

Join hands in Double Hand Hold Position, now facing partner, man facing outside of circle, lady facing inside of circle

SIDE SHUFFLE, ROCK, RECOVER, ROCK, RECOVER

Moving along LOD

17-18-19-20 **MAN:** Step to the left with left, bring right together, step to the left with left, pause
 LADY: Step to the right with right, bring left together, step to the right with right, pause

Rocks done at slight angle: man does cross rocks, lady angles body to left on first rock, and to right on second rock

21-22-23-24 **MAN:** Rock forward on right, rock back on left, step slightly to the right with right, pause
 LADY: Rock back on left, rock forward on right, step slightly to the left with left, pause

25-26-27-28 **MAN:** Rock forward on left, rock back on right, step slightly to the left with left, pause
 LADY: Rock back on right, rock forward on left, step slightly to the right with right, pause

DO-SI-DO SHUFFLE AROUND PARTNER

Release both hands, you will both be moving around your partner to the right. Move forward, toward your partner, right shoulder to right shoulder

29-30-31-32 **MAN:** Step forward right, step forward left, step forward right, pause
 LADY: Step forward left, step forward right, step forward left, pause

Finish by moving past your partner, and begin passing back to back

33-34-35-36 **MAN:** Step left behind right, step right with right, bring left together with right, pause
 LADY: Step to the right with right, bring left together, step to the right with right, pause

Continue moving around your partner to the right, passing left shoulder to left shoulder, and finish by squaring off face to face

37-38-39-40 **MAN:** Step right behind left, step back left, bring right together with left, pause
 LADY: Step back left, step back right, step back left, pause

Join man's right hand with lady's left

BUTTERFLY STEP

Moving along LOD

41-42-43-44 **MAN:** Step to the left with left, bring right together, turn $\frac{1}{4}$ to the left with left, pause

LADY: Step to the right with right, bring left together, turn $\frac{1}{4}$ to the right with right, pause
Now facing LOD in Right Open Promenade Position, inside hands joined
45-46-47-48 **MAN:** Turn $\frac{1}{4}$ to the left with right, bring left together, turn $\frac{1}{4}$ to the right with right, pause
LADY: Turn $\frac{1}{4}$ to the right with left, bring right together, turn $\frac{1}{4}$ to the left with left, pause
You have momentarily turned away from each other, then back, and now again facing LOD

LASSO STEP

Raise joined hands. Lady begins turning to her left, in a circle to the left around the man, passing left shoulder to left shoulder. Do not pass under arms. Man keeps hands raised over his head, while guiding the lady around him. If the lady continues "looking" directly at the man on steps 49-56, she will always be turning correctly

49-50-51-52 **MAN:** Step left behind right, step right to right, step in place left, pause
LADY: Begin lasso stepping right, step left, continuing lasso step right, pause

Lady will now begin passing around the back of the man

53-54-55-56 **MAN:** Step right in front of left, step left to left, step in place right, pause
LADY: Continuing lasso step left, step right, finishing lasso step left, pause

Lady should now be back to the man's right side, facing LOD with the man

(MAN): STEP IN PLACE, FREE SPIN LEFT (LADY): $\frac{1}{2}$ TURN RIGHT, FREE SPIN RIGHT (LADY NOW SWITCHES DIRECTIONS AND TURNS $\frac{1}{2}$ TURN RIGHT UNDER THE RAISED ARMS.)

57-58-59-60 **MAN:** Step in place left, step in place right, step in place left, pause
LADY: Turn $\frac{1}{2}$ turn to the right, stepping right, left, finish turn stepping right, pause

Lady is now facing RLOD, man still facing LOD. Release both hands, lady continues turning right, man turns left, one full turn, no hands joined

61-62-63-64 **MAN:** Begin full turn to the left, step right, step left, finish full turn stepping right, pause
LADY: Begin full turn to the right, step left, step right, finish full turn stepping left, pause

Back into Closed Position, man facing LOD, lady facing RLOD

REPEAT
