The Elleray Stroll (P)

級數: Partner

編舞者: Linda Chester (UK) & Colin Chester (UK)

音樂: She Used to Love Me a Lot - Doug Stone

拍數: 56

- 1-2 Step forward right (move diagonally). Slide left to right
- 3-4 Step forward right, scuff left beside right
- 5-6 Step forward left (move diagonally), slide right to left
- 7-8 Step forward left, scuff right beside left
- 9-10 Step back right step back left beside right
- 11-12 Swivel both heels right, both heels back to center
- 13-14 Step left to the left (left grapevine), cross right behind left
- 15-16 Step left to the left, touch right beside left
- 17-18 Step right to the right (right grapevine) cross left behind right
- 19 Make a ¼ turn right stepping on to right
- 20 Touch left beside right (facing OLOD, lady in front of man)
- 21-22 Step left to the left (left grapevine)cross right behind left
- 23-24 Step left to the left, touch right beside left

MEN: DROP RIGHT HANDS AND GRAPEVINE RIGHT

- 25-26 Step right to the right, cross left behind right
- 27-28 Step right to the right, touch left beside right

LADIES: TURN UNDER LEFT ARM, ROLLING RIGHT GRAPEVINE

- 25 Make a ¼ turn right stepping on to right
- 26 Step left across right making a ¹/₂ turn to right
- 27 Step back right making a ¼ turn right
- 28 Touch left beside right

BOTH: REJOIN HANDS

- 29-30 Sway hips to the left, sway hips to the right
- 31-32 Sway hips to the left sway hips to the right
- 33-34 Making a ¼ turn to left, step on to left, scuff right beside left

(Facing LOD) drop left hands, raise right to turn

35-36 Making a ¼ turn to left, step on to right, scuff left beside right

(Facing ILOD) man is in front of lady, hands joined at sides drop right hands, raise left to turn

37-38 Making a ¹/₄ turn to left, step on to left scuff right beside left

Rejoin hands in reverse sweetheart position. Facing RLOD

- 39-40 Step forward on right, touch left beside right
- 41&42 Kick left forward, step on ball of left, change weight to right
- 43& Kick left forward, step on ball of left, change weight to
- 44 Right
- 45&46 Shuffle forward, left, right, left
- 47-48 Step forward right, pivot ½ turn left (face LOD)
- 49&50 Shuffle forward right, left, right
- 51&52 Shuffle forward left, right, left
- 53&54 Shuffle forward right, left, right





牆數: 0

55&56 Shuffle forward left, right, left

REPEAT