

Elle 'O'

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Craig Bennett (UK)
音樂: L.O.V.E. - Ashlee Simpson



This dance should have a funky feel

COASTER STEP BACK, LEFT LOCK STEP, TOUCH AND TOUCH, TOUCH HITCH TURN ½

1&2 Step back onto right, bring left in place, step forward onto right
3&4 Step forward onto left, lock right behind left step forward onto left
5&6 Touch right to right side, bring right in place as you touch left to left side
&7&8 Touch right to right side, hitch right up as you make a ½ turn right, step right foot down

ROCK FORWARD AND BACK, SLIDE TOGETHER, TOUCH OUT IN OUT, BEHIND SIDE STEP

1&2& Rock forward onto left recover back onto right, rock back onto left recover forward onto right
3-4 Step forward onto left, slide right foot in place (taking no weight)
5&6& Touch right to right side, bring it in next to left, touch right out, hitch right knee up
7&8 Step right behind left, step left to left side, step right forward

TOUCH ¼ TURN, CROSS, ROCK AND CROSS, BALL CHANGE HITCH, BALL CHANGE TURN ½

1-2 Touch left foot to side as you make ¼ turn right, cross left over right
3&4 Rock right to right side, recover onto left, cross right over left
&5-6 Bring left in place, step forward onto right, hitch left knee up
&7-8 Step back onto left foot, step forward onto right foot, twist heels ½ turn left

TOUCH ¼ TURN RIGHT, TOUCH AND TOUCH, TOUCH TURN ¼ LEFT, SLIDE IN PLACE

1-2 Touch right to right side, make a ¼ turn right stepping right in place
3&4 Touch left to left side, bring left in place, touch right to right side
&5-6 Touch left to left side make a ¼ turn left stepping left in place
7-8 Step forward onto right, slide left in place taking weight

CROSS BACK ¼, SIDE SHUFFLE, SCUFF STEP, SCUFF STEP, STEP TURN ½ STEP

1-2 Cross right over left, step back onto left making a ¼ turn
3&4 Right side shuffle, right, left, right
&5&6 Scuff left past right step forward onto left, scuff right past left step forward onto right
&7&8 Scuff left past right step forward onto left, half turn pivot right step forward onto left

CROSS BACK ¼, SIDE SHUFFLE, SCUFF STEP, SCUFF STEP, STEP TURN ½ STEP

1-2 Cross right over left, step back onto left making a ¼ turn
3&4 Right side shuffle, right, left, right
&5&6 Scuff left past right step forward onto left, scuff right past left step forward onto right
&7&8 Scuff left past right step forward onto left, half turn pivot right step forward onto left

WALK RIGHT, LEFT, STEP TURN STEP, WALK LEFT RIGHT, STEP TURN STEP

1-2 Walk forward right then left
3&4 Step forward onto right make a half turn left step forward onto right
5-6 Walk forward left the right
7&8 Step forward onto left make a half turn right step forward onto left

HITCH RIGHT ¼ TURN SLIDE TOUCH, COASTER ¼ TURN, ROCK FORWARD AND BACK, STEP SWEEP ½ TURN

&1-2 Hitch right knee up as you make a ¼ turn right, step right to right side, touch left in place

3&4 ¼ turn stepping back onto left, bring right in place, step forward onto left
5&6& Rock forward onto right, recover weight onto left, rock back onto right recover onto left
7-8 Step forward onto right, sweep left around making a ½ turn right, taking weight onto left

REPEAT

RESTART

On the 2nd wall, dance 1st 8 counts and start dance again

Repeat this on 4th wall
