

Elevate It

COPPER KNOB
BY STEPHENETS

拍數: 80 牆數: 4 級數: Intermediate/Advanced
編舞者: Bree Sarkies
音樂: Elevator Love - Guy Sebastian



RIGHT SHUFFLE, ROCK REPLACE, LEFT SAILOR, RIGHT SAILOR

1&2-3-4 Shuffle forward (right, left, right), rock left forward, replace weight onto right
5&6-7&8 Cross/step left behind right, step right to right, step left to left (left sailor), cross/step right behind left, step left to left, step right to right (right sailor)

ROCK BACK, REPLACE, HALF TURN STEP TOGETHER, & ROCK, REPLACE, FULL TURN

1-2-3-4 Rock back left, replace weight onto right, turn ½ turn right, step back on left, step right together
&5-6-7-8 Step left slightly back, rock back right, replace weight onto left, full turn to left stepping right, left (6:00)

TOE TOUCH ¼ TURN, HALF SHUFFLE, COASTER STEP, FULL TURN

1-2-3&4 Touch right toe to right side, turn ¼ right and step onto right, shuffle forward left, right, left while turning ½ turn right (3:00)
5&6-7-8 Step right back, step left together, step right forward (coaster), full turn right stepping left, right (3:00)

HEELS AND HOOKS, & ROCK REPLACE

1&2&3&4& Place left heel forward, bring left together with right (take weight), place right heel forward, bring right together with left (take weight), place left heel forward, hook left over right, replace left heel forward, bring left together with right
5&6&7-8 Place right heel forward, hook right over left, replace right heel forward, bring right together with left, rock back left, replace weight onto right

SHUFFLE ¼ TURN, CROSS BEHIND UNWIND, CROSS/ROCK REPLACE, STEP SIDE, CROSS UNWIND

1&2-3-4 Turning ¼ right, shuffle left, right, left, cross/step right behind left, unwind ½ turn right (weight on right)
5&6-7-8 Cross/rock left over right, replace weight, step left to left slightly, cross/step right over left, unwind ½ turn left (weight on left) (6:00)

OUT, OUT (45), IN, IN, OUT, OUT, IN, IN, KICK CROSS UNWIND, CLAPS

&1&2&3&4 Step forward onto right heel, step forward onto left heel, step right back, step left together with right, step right to right, step left to left, bring right back to center, step left together with right
5-6-7&8 Kick right forward at right 45 degrees, cross right over left, unwind ½ turn left, clap hands twice (12:00)

STEP TOUCH (WITH CLICK), SHUFFLE FORWARD AT 45 degrees, STEP TOUCH (WITH CLICK), SHUFFLE BACK AT 45 degrees

1-2-3&4 Step right forward at 45 degrees right, touch left beside right and click right fingers, shuffle forward left at 45 degrees stepping left, right, left (keep body facing front on)
5-6-7&8 Step right forward at 45 degrees right, touch left beside right and click right fingers, shuffle back left at 45 degrees stepping left, right, left (keep body facing front on)

FULL TURN, BACK COASTER, FORWARD COASTER, TOUCH TURN

1-2-3&4 Full turn right stepping right, left, step right back, step left together, step right forward
5&6-7-8 Step left forward, step right together, step left back, touch right toe to right side, bring right together while turning ½ turn over right shoulder (take weight) (6:00)

DOROTHY STEPS, SIDE BEHIND & CROSS, UNWIND ¾ LEFT

- 1-2&3-4& Step left forward at 45 degrees left, lock right behind left, step left forward at 45 degrees left, step right forward at 45 degrees right, lock left behind right, step right forward at 45 degrees right
- 5-6&7-8 Step left to left, cross/step right behind left, step left to left and cross right over left, unwind ¾ left (weight on left)

WALKS FORWARD, KICK & TOUCH BACK, HIP SWAYS

- 1-2-3&4 Step right forward, step left forward, kick right forward, step right together, touch left toe back
- 5-6-7&8 Step left forward at 45 degrees while swaying hips left, right, left, left (9:00)

REPEAT

RESTART

During 2nd wall, after the step left to left and cross right behind left (counts 69 & 70). Step left to left while bumping hips left, right, left (ending with weight on left to restart dance). Restart

During 5th wall - after count 16 (end of the full turn), restart

During 6th wall - after the heels, hooks and rock back replace (ending on count 32), stomp left forward and hold for 1 count (optional - put both hands out at waist height when you stomp with left for added styling). Restart
