

Eleganza

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Gary Lafferty (UK)
音樂: So She Dances - Josh Groban



CROSS, SIDE-ROCK, RECOVER: CROSS, ¼ TURN, ½ TURN

- 1-3 Cross-step left foot over right, rock to right to right foot, recover weight onto left foot
4-6 Cross-step right over left, turn ¼ right stepping back onto left, turn ½ right stepping forward onto left (9:00)

STEP FORWARD, DRAG, KICK: STEP BACK, STEP BACK, ¼ TURN

- 1-3 Large step forward on left foot, drag right foot towards left, lift right foot off floor into a low kick
4-6 Step back on right foot, step back on left foot, turn ¼ right stepping to right on right foot (12:00)

CROSS, ¾ UNWIND: LARGE STEP BACK, DRAG, TOUCH

- 1-3 Cross-touch left foot over right, unwind ¾ turn right over 2 counts, weight remains on left (9:00)
4-6 Large step back on right foot, drag left foot back over 2 counts to touch beside right

BASIC WALTZ ½ TURN FORWARD: RIGHT COASTER CROSS

- 1-3 Step forward on left foot starting ½ turn left, complete turn stepping on right beside left, step on left in place (3:00)
4-6 Step back on right foot, step on left foot beside right, cross-step right foot over left

FULL ROLLING TURN TO LEFT: CROSS-ROCK, RECOVER, ¼ TURN RIGHT

- 1-3 Full turn traveling to left stepping on left-right -left (or step left side, right behind, left side)
4-6 Cross-rock right foot over left, recover weight back onto left foot, turn ¼ right stepping forward onto right foot (6:00)

SWAY TO LEFT, HOLD FOR 2 COUNTS: ¼ TURN, BRUSH, ¼ TURN

- 1-3 Large step to left swaying hips to left, hold for 2 counts
4-6 Turn ¼ right stepping forward onto right, brush left foot forward, turn ¼ right stepping forward onto left (12:00)

STEP FORWARD, POINT, HOLD: STEP BACK, POINT, HOLD

- 1-3 Step forward on right foot, point left foot out to left side, hold
4-6 Step back on left foot, point right foot out to right side, hold

CROSS-ROCK, RECOVER, ¼ TURN RIGHT: CROSS-ROCK, RECOVER, HOOK

- 1-3 Cross-rock right foot over left, recover weight back onto left foot, turn ¼ right stepping forward onto right foot (6:00)
4-6 Cross-rock left foot over right, recover weight back onto right foot, hook left foot across right ankle

REPEAT

RESTART

On the 4th wall, you will do the only first 12 counts of the dance, up to & including the "back, back, ¼ turn" then restart

On the 8th wall, you will do all of the dance except the last 3 counts