

# Electronic Dance Instructor

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Debi Dillow (USA)  
音樂: Dance Instructor - Freestyle Project



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## STAMP KICK, SAILOR, TOE BACK ½ TURN LEFT, LIFT RIGHT KNEE, TOUCH RIGHT FOOT BACK

- 1-2            Stamp right foot to the floor, kick right foot to right diagonal  
3&4           Step right foot behind left, step left foot to left side, step right foot in place  
5-6           Touch left toe behind right heel, unwind on balls of both feet ½ turn left, weight ends on left foot  
7-8           Lift right knee up raising up on the ball of left foot, touch right foot back (exaggerate this movement to give it a mechanical look)

## STEP SIDE RIGHT, CROSS BEHIND, SHUFFLE RIGHT, TOUCH FORWARD, HOLD, TOUCH BACK, HOLD

- 9-10           Step side right foot, cross left foot behind right  
11&12        Step right to right side, place left foot next to right, step right to right side  
13-16        Touch left toe forward, hold, touch left toe back, hold

## STEP SIDE LEFT, CROSS BEHIND, SHUFFLE LEFT, TOUCH FORWARD, HOLD, TOUCH BACK, HOLD

- 17-18        Step side left foot, cross right foot behind left  
19&20        Step left to left side, place right foot next to left, step left to left side  
21-24        Touch right toe forward, hold, touch right toe back, hold

## STEP TOUCH, ½ TURN STEP TOUCH, ¼ T STEP TOUCH, TRIPLE STEP FORWARD

- 25-26        Step right foot forward, touch left foot beside right foot  
27-28        Turn ½ left (on ball of right foot)step left foot forward, touch right foot beside left foot  
29-30        Turn ¼ left (on ball of left foot)step right foot back, touch left foot beside right foot  
31&32        Step left foot forward, step right foot forward beside left foot, step left foot forward

**REPEAT**

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