

Electricity

拍數: 48 牆數: 4 級數:
編舞者: Paul O'Connor (UK)
音樂: Electricity - Elton John



ROCK ½ TURN, FULL TURN, ROCK STEP SWEEP, BEHIND SIDE CROSS

1&2 Rock forward on right foot, back on left, ½ turn right stepping onto right
3&4 Make full turn to the left stepping left, right, left
5-6& Rock forward on right, back onto left, sweeping right foot round
7&8 Step right behind left, step left to side, step right over in front of left

¾ UNWIND, LEFT SHUFFLE, STEP ½ TURN SWEEP, ROCK OUT AND CROSS

1-2 Unwind ¾ turn to left, (keep weight on right)
3&4 Shuffle forward on left, right, left
5-6 Step forward on right, make ½ turn right sweeping left foot round, touch next to right
7&8 Rock left to side, step down on right, cross step left over right

SIDE, BEHIND ¼ TURN, STEP ¼ TURN CROSS, FULL MONTEREY TURN, SWAYS

1&2 Step right to side, step left behind right, step onto right making ¼ turn right
3&4 Step forward on left, ¼ turn right stepping on right, cross step left over right
5-6 Touch right out to side, make full turn right, step right next to left
7-8 Sway hips to left, sway hips to right

CROSS ROCKS TWICE, STEP ¼ TURN, CROSS SHUFFLE

1-2& Cross left over right, step back on right, step left to left side
3-4& Cross right over left, step back on left, step right to right side
5-6 Step forward on left, make ¼ turn right, (keeping weight on left)
&7&8 Step right next to left, left crossing shuffle over right

ROCK STEP, ½ TURN ROCK STEP, LEFT STEP LOCK STEP, ROCK STEP

1-2 Rock back on right, step forward on left
&3-4 Make half turn left stepping onto right, rock back on left foot step forward on right
5&6 Step forward on left, lock right behind, step forward on left
7-8 Rock forward on right, step back onto left

STEP BACK ½ TURN SWEEP, BEHIND SIDE CROSS, ROCK STEP ¼ TURN, CROSS ROCK

1-2 Step back on right foot, make ½ turn left sweeping left foot round
3&4 Step left behind right, step right to side, cross step left over right
5&6 Rock forward on right, step back on left, make ¼ turn right stepping right to side
7&8 Cross rock left over right, step back on right, step left to left side

REPEAT