Fields Of Gold



拍數: 32 牆數: 4 級數: Improver

編舞者: Heather Moggridge (UK) & Liz Roth (UK)

音樂: Fields of Gold - Sting



Written especially for a charity line dance in aid of Cancer Research - Eva Cassidy's version is used for the advert on the television but unfortunately is too slow

CROSS POINT, CROSS POINT, BEHIND POINT, BEHIND POINT

1-2	Cross right foot in front of left, point left foot to the left side
3-4	Cross left foot in front of the right, point right foot to the right side
5-6	Cross right foot behind the left, point left foot to the left side
7-8	Cross left foot behind the right, point right foot to the right side

ROLLING GRAPEVINE RIGHT AND LEFT

1-2	Step the right foot to the right side, turn ½ right step the left foot down
3-4	Turn ½ right and step the right foot down, touch the left foot next to the right
5-6	Step the left foot to the left side, turn ½ left, step the right foot down
7-8	Turn ½ left and step the left foot down, touch the right foot next to the left

SKATE, SKATE SHUFFLE. SKATE, SKATE SHUFFLE		
1-2	Slide the right foot forward and out to the right, slide the left forward and to the left	
3-4	Step the right foot forward, slide the left to join, step the right foot forward, touch the left foot next to the right	
5-6	Slide the left foot forward and out to the left, slide the right forward and to the right	
7-8	Step the left foot forward, slide the right to join, step the left foot forward, touch the left foot next to the right	

POINT HITCH, TURN 1/4 LEFT, POINT, HIP BUMPS RIGHT AND LEFT

1-2	Point right foot to the right, hitch knee and turn 1/4 left
3-4	Point right foot to the right side and step in place
5-6	Bump hips twice to the right
7-8	Bump hips twice to the left

REPEAT