

Fields Of Gold

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hazel Pace (UK)
音樂: Fields of Gold - Sting



BACK LOCK BACK, ROCK STEP, ¼ TURN RIGHT, STEP FORWARD, HOLD

1&2 Step back on right, lock left foot over right, step back on right
3-4 Rock back on left, recover on right
5 On ball of right make ¼ turn right stepping left to side
6 On ball of left make ½ turn right stepping forward on right
7-8 Step forward on left, hold

CROSS UNWIND ¼ TURN LEFT, MAMBO STEP ¼ TURN RIGHT, ROCK STEP, ½ TURN LEFT, HOLD

1-2 Cross right over left (keeping weight on right), unwind ¼ turn left
3&4 Rock back on left, recover on right, on ball of right make ¼ turn right stepping left to side
5-6 Rock back on right, recover on left
7-8 On ball of left make ½ turn left stepping back on right, hold

BACK LOCK BACK, ROCK STEP, ¼ TURN LEFT, CROSS, HOLD

1&2 Sweeping left foot round from front to back step down on left, lock right foot over left, step back on left
3-4 Rock back on right, recover on left
5 On ball of left make ½ turn left stepping back on right
6 On ball of right make ¼ turn left stepping left to side
7-8 Cross right over left, hold

SIDE BEHIND SIDE, CROSS, HOLD, STEP ½ PIVOT RIGHT, STEP FORWARD LEFT, TOUCH

1&2 (Moving left) step left to left side, cross right behind left, step left to left side
3-4 Cross right over left, hold
5-6 Step forward on left, ½ pivot turn to right
7-8 Long step forward left, touch right toe behind left foot (bending knees as you touch)

REPEAT

TAG

When danced to "Fields Of Gold" a 12 count tag is danced on the back wall after the 1st, 3rd and 5th sequences only

1&2 Step back on right, lock left foot over right, step back on right
3-4 Rock back on left, recover on right
5-6 Cross rock left over right, recover on right
7&8 Step left to side making ¼ turn left, close right behind left, step left foot forward
9-10 Step right foot forward, ¾ turn left putting weight on left
11-12 Rock forward on right, recover on left.

Start dance again from back wall