

Festival Rock

拍數: 80 牆數: 4 級數: Advanced
編舞者: Adelaide Manley (AUS)
音樂: Rockin' All Night - Chris Jagger



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- 1-8 Strut forward right-left-right-left. (right toe-heel strut turning right knee out & toe out, at the same time swing shoulders. Same action with the left)
- 9-12 Swing turn ½ left (crossing right over left, dipping right shoulder & with knees bent, swing body around ½ turn left)
- 13-16 Heel splits x2
- 17-24 Repeat struts
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- 25-28 Repeat swing turn
- 29-32 Repeat heel splits
- 33-40 Dwight swivel to the right: touch right toe in as you swivel left heel to the right, touch right heel out as you swivel left toes right)
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- 41-48 Extended jazz box x2 moving left (step right across left but extend the step to enable traveling in left direction)
- 49-56 Hitchhiker x2 to the right, x2 to the left
- 57-60 Foot roll with right (kick right to side, cross over left, roll both feet side to side) ·
- 61-64 Foot roll with left
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- 65-68 Right 45, cross right toe over left, right 45, kick right foot back while turning ¼ left
- 69-72 Jazz box
- 73-74 Knee pop left
- 75-76 Knee pop right
- 77-80 Knee knocks

REPEAT
