

Fenua Maohi E

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Derrick John Paul (UK) & Terry Ann Cavanagh (UK)
音樂: E Vahine Maohi E - Fenua



TOE, HEEL, CROSS, SCOOT TWICE

1-2 Touch right toe to left instep, touch right heel to left instep
3-4 Step right over left, scoot back on right, hitching left
5-8 Repeat 1-4 leading left

TOE TAPS, HEEL JACK, STEPS OUT & IN

9-10 Tap right toes to right side, tap right toes across left
11-12 Tap right toes to right side, tap right toes behind left
&13 Step back on right, tap left heel forward
&14 Step left in place, touch right in place
&15 Step right to right side, step left to left side
&16 Step right in place, step left in place

SHUFFLE, CROSS UNWIND, SHUFFLE, COASTER STEP

17-18 Shuffle forward right, left, right
19-20 Cross left over right, unwind ½ turn right
21-22 Shuffle back right, left, right
23-24 Step back on left, step right to left, step forward left

SHUFFLE, CROSS UNWIND, SHUFFLE, COASTER STEP

25-32 Repeat steps 17-24

On the third time through the dance, skip counts 33-44

On the sixth time through the dance, skip counts 33-48 (go to count 1 from here)

PIVOT ½ TURN TWICE, PIVOT ¼ TURN, STOMPS

33-34 Step forward right pivot ½ turn left
35-36 Step forward right pivot ½ turn left
37-38 Step forward right pivot ¼ turn left
39-40 Stomp right in place, stomp left in place

HEEL JACKS TWICE, STEPS OUT, HIP ROLL

&41 Step back on right, tap left heel forward
&42 Step left in place, step right in place
&43&44 Repeat steps & 41 & 42 leading left
&45 Step right to right side, step left to left side

Optional hand motion: Crouch down, slapping hands down on top of knees. As you stand up and your legs come together, clap high in front of your face trying to keep your elbows together

46-47-48 Roll hips to the left over 3 counts

Optional hand motion: Keeping the arms in that position (forearms together in front of face), bring them out to the sides (as if you are weightlifting and holding barbells) while doing the hip roll

REPEAT