

拍數: 64

級數: Improver merengue

編舞者: Andrew Singmin (CAN)

音樂: Nuestra Canción - Elvis Crespo

牆數:2

LEFT CROSS TAP & BACK, LEFT CROSS TAP & BACK, LEFT FORWARD MAMBO STEP, RIGHT BACK MAMBO STEP

- 1-2-3-4 Tap left foot diagonally across right, recover left foot back and tap, tap left foot diagonally across right, recover left foot back and tap
- 5&6-7&8 Step forward on left foot, step back on right foot, recover left foot next to right, step back on right foot, step forward on left foot, recover right foot next to left

LEFT BACK MAMBO STEP, RIGHT CROSS ROCK STEP, RIGHT SCUFF, RECOVER RIGHT, LEFT BACK, RIGHT TO RIGHT, LEFT CROSS RIGHT, RIGHT TO RIGHT, LEFT HEEL FORWARD, RECOVER LEFT, RIGHT HEEL FORWARD, RECOVER RIGHT

- 9&10-11&12& Step back on left foot back, step forward on right, recover left foot next to right, cross right foot diagonal across left & rock forward on right foot, recover on left foot, scuff right foot, recover on right foot
- 13&14&15&16& Step back on left foot, recover right foot next to left, cross left foot across right, step to right on right foot, step left heel forward, recover left foot next to right, step right heel forward, recover right foot next to left
- 17-32 Repeat counts 1-16

RIGHT TAP, RECOVER TAP-TAP, SAILOR SHUFFLE TO RIGHT, SAILOR SHUFFLE TO LEFT, LEFT FORWARD HOLD, SCOOT & STOP

- 33&34-35&36 Tap right foot to right, tap twice more (ending with weight on right foot) while recovering to left foot, cross left foot behind right, step to right on right foot, step to left on left foot together with recovery body lean to left side
- 37&38-39-40& Cross right foot behind left, step to left on left foot, step to right on right foot together with recovery body lean to right side, place left heel forward & hold (keep weight on right foot), scoot forward on right foot (locked behind left) with fast stop on left heel (keep weight on right foot) foot)

LEFT FORWARD HOLD, SCOOT & STOP, ROCK STEP, COASTER, ROCK STEP STEP

- 41-42&-43-44 Place left heel forward & hold (keep weight on right foot), scoot forward on right foot (locked behind left), fast stop on left heel (keep weight on right foot), rock forward on left foot, recover back on right foot
- 45&46-47-48& Step back on left foot, bring right foot next to left, step forward with left foot, rock forward on right foot, recover on left foot, bring right foot next to left

LEFT SIDE TOUCH, LEFT BEHIND RIGHT, RIGHT SIDE TOUCH AND SWEEP (TAP-TAP-TAP), TAP, STEP-LOCK-STEP, KICK, CROSS, BACK, SIDE STEP

- 49-50-51&52& Touch left foot to left side, sweep left foot behind right, touch right foot to far right to go into three sweep-taps ending behind left foot, tap right foot behind left
- 53&54&55&56 Travel forward on left foot, lock right foot behind left, travel forward on left foot, kick right foot forward, cross right foot over left, step back with left foot, step to right on right foot

LEFT HEEL PIVOT, ¼ LEFT TURN, COASTER STEP, LEFT HEEL PIVOT, ¼ LEFT TURN, COASTER STEP

- 57-58-59&60 Step forward placing left heel in front of right toe, with left toe pointing ¼ turn right, pivot on left heel and swing left toe ½ turn left, turn body ¼ turn left, step back on right foot, bring left foot next to right, step forward with right foot
- 61-64 Repeat counts 57-60



REPEAT