

Feels So Good

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alan Clarke (UK) & Nikki Hack (UK)
音樂: It Feels so Good - Sonique



WALK FORWARD RIGHT, WALK FORWARD LEFT, RIGHT TRIPLE STEP, WALK BACK LEFT, WALK BACK RIGHT HOOK KICK

1-2 Walk forward on right, walk forward on left
3&4 Step right behind left (3rd position), place weight on left, replace weight to right
5-6 Walk back on left, walk back on right
7-8 Hook left foot in front of right knee, kick left foot forward

BALL CHANGE, STEP TRIPLE STEP WALK BACK LEFT, RIGHT, HOOK, KICK

&1 Step left foot beside right, step right foot forward
2 Step left forward
3&4 Step right behind left (3rd position), place weight on left, place weight on right
5-6 Step back on left, step back on right
7-8 Hook left foot in front of right knee, kick left, foot forward

¼ BALL CHANGE, CLAP ¼ SHUFFLE, LEFT HALF PIVOT, WALK RIGHT, WALK LEFT

&1 Step left foot next to right, step right, step right ¼ turn to the right
2 Hold and clap
3&4 Step left foot ¼ turn to left, step right beside left, step forward on left foot
5-6 Step right forward pivot ½ turn to the left
7-8 Walk forward on right, walk forward on left

RIGHT KICK, STEP BEHIND, LEFT FORWARD, ROCK HIPS LEFT, RIGHT, LEFT, RIGHT, LEFT SHUFFLE FORWARD

1&2 Kick right foot out to right side, step right behind left (3rd pos) step left foot forward
3-4 Rock hips forward (left) rock hips back (right)
5-6 Rock hips forward (left) rock hips back (right)
7&8 Shuffle forward right, left, right

ROCK FORWARD REPLACE ½ TURN SHUFFLE, ROCK FORWARD REPLACE ¼ TURN SHUFFLE

1-2 Step forward on right foot, rock back on left
3&4 Shuffle right, left, right making ½ turn to the right
5-6 Rock forward on left, rock back on right
7&8 Shuffle left, right, left making ¼ turn to the left

RIGHT TAP TWICE, ½ TURN, LEFT TAP TWICE, RIGHT ROCK FORWARD REPLACE ½ TURN RIGHT, LEFT OUT TOGETHER

1-2 Step forward on right foot as you tap right heel twice
& Pivot ½ turn to left
3-4 Tap left heel twice
5&6 Rock forward on right foot, rock back on left, step right foot ½ turn to right
7-8 Touch toe out to side, step left foot next to right (weight on left)

RIGHT SIDE CHASSIS, ROCK REPLACE ½ MONTEREY TURN

1&2 Step to right side, step left next to right, step right to right side
3-4 Rock back on left foot, rock forward on right
5-6 Touch left toe out to side step left together as you pivot ½ turn to left
7-8 Touch right toe out to side, touch right beside left

RIGHT SIDE CHASSIS, ROCK REPLACE ½ MONTEREY TURN

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left foot, rock forward on right
- 5-6 Touch left toe out to side, step left together as you pivot ½ turn to left
- 7-8 Touch toe out to the side, touch right toe next to left

REPEAT
