

Feels Good

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Pam Peterson (USA)
音樂: Sure Feels Real Good - Michael Peterson



SIDE ROCK, CROSS SHUFFLE, TOE HEEL, TOE HEEL

1-2 Step to right on right, recover on left
3&4 Cross right over left, step on left, cross right over left
5-6 Step on ball of left foot, step down on left heel
7-8 Step on ball of right foot, step down on right heel

SIDE ROCK, ½ TURN SIDE SHUFFLE, JAZZ BOX

1-2 Step to left on left, recover on right
3&4 Side shuffle left, right, left (turning ½ turn over left shoulder)
5 Cross right over left
6 Step back on left
7 Step on right
8 Step left beside right

¼ TURN SHUFFLE, SHUFFLE, TURNING SHUFFLE, ROCK STEP

1&2 (Turn ¼ to right) shuffle right, left, right
3&4 Shuffle left, right, left
5&6 Shuffle right, left, right (while turning ½ over left shoulder)
7-8 Rock back on left, recover on right

SHUFFLE, TURNING SHUFFLE, ROCK STEP, SHUFFLE

1&2 Shuffle left, right, left
3&4 Shuffle right, left, right (while turning ½ over left shoulder)
5-6 Rock back on left, recover on right
7&8 Shuffle left, right, left

REPEAT
