

Feelin' Gumbo

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數:
編舞者: Jodi Page (AUS)
音樂: Jambalaya - Led Loader & The Barrels



- 1-4 (With both knees bent) touch right toe forward, touch right toe at 45 degrees forward, touch right toe to right, step onto right foot turning $\frac{1}{4}$ turn right
- 5-8 (With both knees bent) touch left toe forward, touch left toe at 45 degrees forward, touch left toe to left, step onto left foot turning $\frac{1}{4}$ turn left

These above 8 counts are done in an arch like circle with the feet, your body will tend to move with the feet before you actually step onto the foot to turn $\frac{1}{4}$ turn from the original wall

- 9&10 Kick right foot forward, ball change right-left
- &11&12 (Traveling left) step right behind left, step left to left, step right behind left, step left to left
- 13-16 Paddle turns: step right forward, step onto left turning $\frac{1}{4}$ turn left, step right forward, step onto left turning $\frac{1}{4}$ turn left
- 17-18 Tap right toe back, scuff right foot forward
- 19&20 Turning $\frac{1}{2}$ turn right, step on right, step on left, step on right (turning cha-cha on the spot)
- 21&22 Shuffle forward left-right-left
- 23-24 Step right to across left, unwind $\frac{1}{2}$ turn left (end weight on right)
- 25&26 Step left back, step right back beside left, step left forward (coaster step)
- 27-28 Step right forward, step left forward
- &29 Step right forward, step left forward (done in a gallop motion)
- 30 Turning $\frac{1}{4}$ turn left step right foot forward
- 31-32 Shimmy shoulders

REPEAT
