

Feeling Good

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Elle-Jay L'Argent & Jan L'Argent (UK)
音樂: Feels So Good - Atomic Kitten



TWO WALKS FORWARD, SHUFFLE FORWARD ¼ PIVOT TURN, SHUFFLE ACROSS

1-2 Step forward right, left
3&4 Step forward right, step left next to right, step forward right
5-6 Step forward left, ¼ pivot right
7&8 Cross left over right, step right to right side, cross left over right

SIDE, TOUCH, SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK, RECOVER

9-10 Step right to right, touch left next to right. (click fingers)
11-12 Step left to left, cross right behind left
&13-14 Step left to left, cross right over left, step left to left
15-16 Rock back right, rock forward left

TRIPLE ½ TURN, ROCK, RECOVER, FULL TURN, SHUFFLE FORWARD

17&18 ½ triple turn left stepping right, left, right
19-20 Rock back left, rock forward right
21-22 Step forward left ½ right, step back right ½ turn right
23&24 Step forward left, step right next to left, step forward left

STEP, KICK, OUT, OUT, HOLD, HIP SHAKES ¼ LEFT COASTER

25-26 Step forward right, kick left forward
&27-28 Step back left to left, step back right to right, hold & clap
29&30 Shake hips right, left, right
31&32 Step back left ¼ turning left, step right beside left, step left forward

PIVOT TURN, SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD

33-34 Step right forward, ½ pivot turn left
35&36 Step right forward, step left next to right, step right forward
37-38 Step left forward, ½ pivot turn right
39&40 Step left forward, step right next to left, step left forward

STEP TOUCHES, ¼ RIGHT, TOUCH, TOUCH, STEP

41-42 Step right forward, touch left next to right
&43 Step left back, touch right next to left
&44 Step right back, touch left next to right
45-46 Large step left to left, slide & touch right next to left
47&48 ¼ right on left touching ball of right slightly forward, then touch ball of right further forward, then step it further forward. (leaning forward)

SCUFF, CROSS, BACK, CROSS, BACK, STEP, TOUCH, CHASSE

49-50 Scuff left forward, step left across right
51&52 Step back right, step left across right, step back right
53-54 Step left to left, touch right next to left
55&56 Step right to right, step left next to right, step right to right

BEHIND, UNWIND, SCISSOR, SIDE ROCK, WEAVE

57-58 Touch left behind right unwind ½ turn left transferring weight to left

59&60 Step right to right side, step left next to right, cross right over left
61-62 Rock left to left, recover weight to right
63&64 Step left behind right, step right to right, cross step left over right

REPEAT
