

# Feelin' Good

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Michael Lynn (UK)  
音樂: Feelin' Good - The Pussycat Dolls



## 3 RIGHT FOOT CIRCLE SWEEPS, RONDÉ TURN

- 1-2      With right foot (in a to the right direction), sweep foot in a circle over two counts
- 3-4      With right foot, sweep foot in a circle over two counts
- 5-6      With right foot, sweep foot in a circle over two counts
- 7-8      With right foot, sweep foot in a circle, and rondé turn

## 3 LEFT FOOT CIRCLE SWEEPS, RONDÉ TURN

- 1-2      With left foot, sweep foot in a circle to the left over two counts
- 3-4      With left foot, sweep foot in a circle over two counts
- 5-6      With left foot, sweep foot in a circle over two counts
- 7-8      With left foot, sweep foot in a circle, and rondé turn

## CROSS CLICKS, CROSS CLICKS, HEEL DROP CLICK, HEEL DROP CLICK, FORWARD SHUFFLE

- 1-2      Cross left over right, step right to right side (click fingers)
- 3-4      Cross right over left, step left to left side (click fingers)
- 5&6&      Step left toe forward, drop heel (click fingers), step right toe forward, drop heel (click fingers)
- 7&8      Step forward left, step right to left side, step forward left

## JUMP BACK, KNEE POP, CROSS BEHIND SIDE, KNEE POP, SIDE STEP DRAG, FORWARD SHUFFLE

- 1&2      Jump back (right foot, left foot), pop right knee
- 3&4      Cross left behind right, step right to right side, pop left knee
- 5-6      Large step to the left, drag right foot to right side
- 7&8      Step forward left, step right to left side, step forward left

## ½ TURN, RIGHT ARM MOVEMENT WITH CLICK

- 1-2      Step forward right, ½ turn left
- 3-4      Point right arm up to the sky, click fingers, bring arm down over remaining counts

**Breakdown here on wall 4, then continue with the rest of the dance**

## SIDE STEP CLICKS

- 1-2      Step right toe to right side, drop weight onto right heel (click fingers)
- 3-4      Step left toe to left side, drop weight onto left heel (click fingers)

**Restart from here on wall 3**

- 5-6      Step right toe to right side, drop weight onto right heel (click fingers)
- 7-8      Step left toe to left side, drop weight onto left heel (click fingers)

**REPEAT**

**RESTART**

**On wall 3 restart after count 36**