

# Feelin' Good

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 2                      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: The Way You Make Me Feel - Michael Jackson



## ROCK RETURN, SHUFFLE BACK, ROCK RETURN, SHUFFLE FORWARD

1-2-3&4                      Rock/step forward on right, rock back on left, shuffle back right, left, right  
56-7&8                      Rock/step back on left, rock forward on right, shuffle forward left, right, left

## RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE, 4 COUNT ROCKING CHAIR

9&10                      Kick right leg forward, step down on right, change weight to left (kick ball change)  
11&12                      Kick right leg forward, step down on right, change weight to left (kick ball change)  
13-16                      Rock/step forward on right, rock back on left, rock/step back on right, rock forward on left

## STEP PIVOT ¼, STEP PIVOT ¼, STEP ACROSS TOUCH, STEP ACROSS TOUCH

17-18                      Step forward on right, pivot ¼ left transferring weight to left  
19-20                      Step forward on right, pivot ¼ left transferring weight to left  
21-22                      Step right across left, touch left toe to left side  
23-24                      Step left across right, touch right toe to right side

## ROCK RETURN, COASTER STEP, ROCK RETURN, COASTER STEP

25-26                      Rock/step forward on right, rock back on left  
27&28                      Step back on right, step left beside right, step forward on right (coaster step)  
29-30                      Rock/step forward on left, rock back on right  
31&32                      Step back on left, step right beside left, step forward on left (coaster step)

## REPEAT

To make this an intermediate level dance please add the following:

### HEEL & HEEL & ¼ TURN LEFT, HEEL & HEEL & ¼ TURN LEFT

33&34&                      Tap right heel forward, step right beside left, tap left heel forward, step left beside right  
35-36                      Step right heel forward, pivot ¼ left transferring weight to left  
37&38&39-40                      Repeat steps 33-36

## RIGHT HEEL JACK & LEFT HEEL JACK & ROCK RETURN, TOUCH UNWIND ¼ RIGHT

41&42&                      Step right across left, step left beside right, tap right heel to right diagonal, step right beside left  
43&44&                      Step left across right, step right beside left, tap left heel to left diagonal, step left beside right  
45-48                      Rock/step forward on right, rock back on left, touch right toe straight back, unwind ¼ right

## CROSS/ROCK RETURN, ¼ SHUFFLE, FULL TURN LEFT, SHUFFLE FORWARD

49-50-51&52                      Cross/rock left over right, rock/return weight to right, making ¼ left shuffle forward left, right, left  
53-54-55&56                      Making full turn left step right, left, shuffle forward right, left, right

## ROCK RETURN, & TAP HEEL & TAP HEEL & STEP BUMP HEEL TWICE & STEP FORWARD

57-58                      Rock/step forward on left, rock back on right  
&59&60                      Step back on left, tap right heel forward, step right beside left, tap left heel forward  
&61-62-63                      Step left beside right, step right slightly forward keeping weight on left, bump right heel x  
&64                      Step right beside left, step forward on left