

Feeling Fine

COPPER KNOB
BY STEPHEN BATES

拍數: 0 牆數: 4 級數: Improver
編舞者: Bob Bleach (UK)
音樂: I'm Feeling Fine - Paul Williams



PART A

LEFT & RIGHT SCUFF, BRUSH, TAP STEP FORWARD/ROCK FORWARD

1-2 Scuff right foot forward, brush right foot back across left
3-4 Tap right foot once, step forward on right foot
5-6 Brush left foot forward, brush left foot back across right
7-8 Tap left toe once, rock forward on left foot

BACK STEPS RIGHT & LEFT, BACK TOE STRUTS RIGHT & LEFT, ROCK BACK ON LEFT FOOT, ROCK FORWARD ON RIGHT FOOT

9-10 Step back on right foot, step back on left foot
11-12 Right toe-strut back (over two beats)
13-14 Left toe-strut back (over two beats)
15-16 Rock back on right foot, rock forward on left foot

DIAGONAL STEP-SLIDE-STEP-SCUFF ON RIGHT THEN LEFT

First time facing 2:00, second time facing 10:00

17-18 Step forward on right foot, slide left foot up behind right foot
19-20 Step forward on right foot, scuff left foot forward
21-22 Step forward on left foot, slide right foot up behind left foot
23-24 Step forward on left foot, scuff right foot forward

JAZZ BOX WITH ¼ TURN RIGHT, LEFT & RIGHT TOUCH STEPS

25-26 Step right foot across left, step back on left foot
27 Step right foot to right with ¼ turn right
28 Step left foot next to right
29-30 Step right foot to right, touch left foot next to right
31-32 Step left foot to left, touch right foot next to left

PART B

LEFT & RIGHT SCUFF, BRUSH, TAP STEP FORWARD/ROCK FORWARD

1-2 Scuff right foot forward, brush right foot back across left
3-4 Tap right foot once, step forward on right foot
5-6 Brush left foot forward, brush left foot back across right
7-8 Tap left toe once, rock forward on left foot

BACK STEPS RIGHT & LEFT, BACK TOE STRUTS RIGHT & LEFT, ROCK BACK ON LEFT FOOT, ROCK FORWARD ON RIGHT FOOT

9-10 Step back on right foot, step back on left foot
11-12 Right toe-strut back (over two beats)
13-14 Left toe-strut back (over two beats)
15-16 Rock back on right foot, rock forward on left foot

DIAGONAL STEP-SLIDE-STEP-SCUFF ON RIGHT THEN LEFT

First time facing 2:00, second time facing 10:00

17-18 Step forward on right foot, slide left foot up behind right foot
19-20 Step forward on right foot, scuff left foot forward
21-22 Step forward on left foot, slide right foot up behind left foot

23-24 Step forward on left foot, scuff right foot forward

JAZZ BOX WITH ¼ TURN RIGHT, LEFT TOUCH STEP, RIGHT STEP

25-26 Step right foot across left, step back on right foot

27 Step right foot to right with ¼ turn right

28 Step left foot next to right

29-30 Step right foot to right, touch left foot next to right

31-32 Step left foot to left, step right foot next to left

PART C

LEFT & RIGHT SIDE STEPS WITH TOUCHES

1-2 Step left foot to left, touch right foot next to left

3-4 Touch right foot to right, touch right foot next to left

5-6 Step right foot to right, touch left foot next to right

7-8 Touch left foot to left, touch left foot next to right

LEFT & RIGHT TURNS WITH TOUCHES, LEFT & RIGHT ROCKS

9 Step left foot to left turning ¼ turn left

10 Touch right foot next to left

11 Step right foot to right turning ½ turn right

12 Touch left foot next to right

13-14 Rock forward on left foot, rock back on right foot

15-16 Step forward on left foot, rock forward on right foot

LEFT ROCK BACK, LEFT & RIGHT STEPS, LEFT BACK SHUFFLE

17-18 Rock back on left foot, rock forward on right foot

19-20 Step forward on left foot, step forward on right foot

21-22 Rock forward on left foot, rock back on right foot

23-24 Shuffle back on left-right-left

FULL TURN RIGHT, BACK STEPS RIGHT & LEFT, BACK ROCKS

25 Step back on right foot with ½ turn right

26 Step forward on left foot with ½ turn right

27-28 Step back on right foot, step back on left foot

29-30 Rock back on right foot, rock forward on left foot

31-32 Rock back on right foot, rock forward on left foot

PHRASING

TRACK: I'M FEELING FINE

ABC, ABC, ABC, AB. (Fades out towards end of final Part B)

TRACK: COUNTRY KINDA CHRISTMAS

ABC, ABC, ABC, ABC, AB plus steps 1-7 of Part C

TRACK: DON'T FENCE ME IN

ABC, A, ABC, A, ABC, A, AB

TRACK: YOU'RE ON YOUR OWN

ABC, A, ABC, A, ABC, BC, AB plus steps 1-7 of Part C
