

Feel To Forget

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Michelle Chandonnet (CAN) & Marc Archambault (CAN)
音樂: I Feel Like I'm Forgetting Something - Lee Ann Womack



DOUBLE KICK, STEP, TOGETHER, TOE STRUTS

1-2 Double kick right forward
3-4 Step right back, step left beside right
5-6 Touch right forward, drop right heel
7-8 Touch left forward, drop left heel

MONTEREY TURN ¼, TOUCH, TOGETHER, KNEE POP, CLAP

1-2 Touch right to right, pivot ¼ turn on ball of left stepping right beside left
3-4 Touch left to left, step left beside right
5-6 Raise right heel bending knee forward, clap
&7-8 Drop right heel, raise left heel bending knee forward, clap

DOUBLE KICK, CROSSED TOE STRUTS

1-2 Double kick left forward
3-4 Touch left to left, drop left heel
5-6 Touch right in front of left, drop right heel
7-8 Touch left to left, drop left heel

APPLEJACKS

1 Lift right heel and left toes turning right heel inside and left toes outside (feet in "V" position)
2 Step back both feet to center
3 Lift left heel and right toes turning left heel inside and left toes outside(feet in "V" position)
4 Step back both feet to center
5-8 Repeat 1-4

TOE STRUTS BACKWARD/SNAPS

1-2 Touch right behind left, drop right heel/snap
3-4 Touch left behind right, drop left heel/snap
5-6 Touch right behind left, drop right heel/snap
7-8 Touch left behind right, drop left heel/snap

STEP, LOCK, STEP, SCUFF/CLAP, STEP, LOCK, STEP, STOMP

1-2 Step right forward, slide left behind right
3-4 Step right forward, scuff left/clap
5-6 Step left forward, slide right behind left
7-8 Step left forward, stomp right beside left

REPEAT
