

Feel The Rhythm

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Matthew Oakley (UK)
音樂: Corazón De Melao - Emmanuel



This is a samba style line dance and should be danced with a slight bounce

SAMBA STEPS LEFT & RIGHT, WALKS FORWARD, BOTA-FOGO

1&2 Step right foot to right side, cross left foot behind right on ball of foot, step right foot in place
3&4 Repeat above steps on left foot
5-6 Step right foot forward, step left foot forward
7&8 Cross right foot over left, step left foot to left side on ball of foot, step right foot in place

ROCK, RECOVER, & TOUCH, ¼ TURN RIGHT, HIP BUMPS, ¼ TURN LEFT

1-2 Rock forward on left foot, recover weight on back foot
&3-4 Step left foot back, touch right foot in front of left, turn ¼ turn right stepping right foot to right side
& Bring left foot to right
5&6&7&8 Bump right hip up & down & up & down while making a ¼ turn left ending with weight on right foot

SYNCOPATED CROSSES, ROCK, RECOVER, BEHIND & TURN ¼ LEFT

1&2 Cross left foot over right, step right foot to right side on ball of foot, cross left foot over right
&3 Step right foot to right side on ball of foot, cross left foot over right
&4 Step right foot to right side on ball of foot, cross left foot over right
5-6 Rock right foot to right side, recover weight on left
7&8 Cross right foot behind left, step left foot forward turn ¼ turn left, step right foot forward

SYNCOPATED FULL TURN, FORWARD SAMBA STEP, BACK SAMBA STEP

1& Step left foot ¼ turn left, step right foot next to left on ball of foot
2-4& Repeat 1& another 3 times, completing a full turn left
5&6 Step right foot forward, step left foot next to right on ball of foot, step right foot in place
7&8 Step back on left, step right foot next to left on ball of foot, step left foot in place

REPEAT