

# Feel Real Good

拍數: 32      牆數: 4      級數: Improver  
編舞者: Bjarne Lund (DK)  
音樂: Real Good Feel Good Song - Mel McDaniel



## HEEL SHIFTS, STOMP, ¼ TURN BOUNCES, HEEL SHIFTS, FORWARD SHUFFLE

1&2&      Tap right heel forward, step right beside left, tap left heel forward, step left beside right  
3&4      Stomp right forward, bounce heels 1/8 turn left, bounce heels 1/8 turn left  
5&6&      Tap left heel forward, step left beside right, tap right heel forward, step right beside left  
7&8      Step left forward, step right close beside left, step left forward

## VINE WITH HEEL JACK & CROSS, ½ TURN RIGHT, CROSS SHUFFLE

9-10      Step right to right side, cross step left behind right  
&11&12      Step right to right side, tap left heel diagonally forward, step left beside right, cross step right over left  
13-14      Turn ¼ right stepping left back, turn ¼ right stepping right to right side  
15&16      Cross step left over right, step right close to left, cross step left over right

## SIDE ROCK, CROSS SHUFFLE, TOE POINTS, HEEL HOOK STEP

17-18      Rock right to right side, recover onto left  
19&20      Cross step right over left, step left close to right, cross step right over left  
21&22&      Point left toe to left side, step left beside right, point right toe to right side, step right beside left  
23&24      Tap left heel forward, hook left heel over right, step left forward

## FORWARD ROCK & TURN, SHUFFLE ½ TURN, BACK ROCK, WALK FORWARD

25&26      Rock right forward, recover onto left, turn ½ right stepping right forward  
27&28      Turn ¼ right stepping left to left side, step right beside left, turn ¼ right stepping left back  
29-30      Rock right back, recover onto left  
31-32      Walk forward right, walk forward left

**Alternative: forward full turn left stepping right, left**

## REPEAT

## TAG

Danced at the end of 2nd & 5th wall

## ROCKING CHAIR

1-2-3-4      Rock right forward, recover onto left, rock right back, recover onto left