

Feel Like Dancing

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Jo Kinser (UK)
音樂: You Make Me Feel Like Dancing - Leo Sayer



Sequence: AAB, AABC, ABB, AA

SECTION A

RIGHT TAP, KICK, RIGHT BEHIND, ¼ LEFT, STEP FORWARD RIGHT, POINT-HIP, HIP, JAZZ STEP ¼ LEFT

- 1-2 Tap the right foot next to the left, kick the right foot diagonally right and click fingers
3&4 Step the ball of the right foot behind the left, step the left foot forward a ¼ turn left, step forward on the right
5-6 Point the left foot out to the left side bumping the left hip twice and clicking the fingers
7&8 Cross the left foot over and in front of the right, step back on the right foot ¼ turn left, step the left beside the right

STEP BACK RIGHT, TOUCH-LOOK, SHUFFLE FORWARD LEFT, STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT

- 1-2 Step back on the right foot looking back over right shoulder, touch the left toe in place with hands on hips
3&4 Step forward onto the left, step the right next to the left, step forward onto the left
5-6 Step the right foot to the right side, bending knees tap the left toe behind the right foot

Arms:

- 5 Raise your hands tall
6 Bring your arms around in a circle to the right and point diagonally left and look 8:00
7-8 Step the left foot to the left side, bending knees tap the right toe behind the left foot

Arms:

- 7 Bring the hands back around in a circle to the left
8 Point diagonally right and look 4:00

STEP FORWARD RIGHT, PIVOT ½ LEFT, SHUFFLE DIAGONALLY LEFT, SHUFFLE DIAGONALLY RIGHT, SLIDE LEFT, TOUCH

- 1-2 Step forward right, pivot ½ left weight stays back right, touch the ball of the left foot in place
3&4 Step forward on the left foot diagonally left, step the right foot next to the left, step forward on the left foot diagonally left

On the '&' count, click your fingers while crossing arms in front of chest. As you are shuffling diagonally forward left circle the hands low at hip level 5&6

- 5&6 Step forward on the right foot diagonally right, step the left next to the right, step forward on the right foot diagonally right

On the '&' count, click your fingers while crossing arms in front of chest. As you are shuffling diagonally forward right circle the hands low at hip level 7&8

- &7-8 Step the left foot a big step to the left, replace weight left, touch the ball of the right foot behind the left bending knees

Hands:

- &7 Bring the hands in across the chest
8a S you touch the right foot behind the left bring the hands out to both sides

STEP TO SIDE RIGHT, BEHIND LEFT, RIGHT KICK BALL CROSS, ¼ RIGHT TWICE, RIGHT BALL STEP TWICE MAKING A ¼ RIGHT

- 1-2 Step the right to the right side, step the left foot behind the right
3&4 Kick the right foot diagonally forward right and click, step the right foot back behind the left, cross the left foot in front of the right

- 5-6 Step forward on the right foot a ¼ turn to the right, pivot on the ball of the right foot a ¼ turn to the right weight left
- &7&8 Making a ¾ turn over the right shoulder in place, step the ball of the right foot behind the left, step forward on the left foot 3/8 right, step forward on the left foot 3/8 right

You should be facing your new wall ¼ turn to your right

SECTION B

RIGHT ROCK AND STEP, LEFT ROCK AND STEP, RIGHT KICK BALL, STEP ¼ LEFT TWICE, REPEAT

- 1&2 Rock the right foot to the right side, replace the weight left, step the right foot next to the left (bring both hands out to the sides and back together)
- 3&4 Rock the left foot to the left side, replace the weight right, step the left foot next to the right (bring both hands out to the sides and back together)
- 5&6 Kick the right foot forward, step back in place on the right foot, step the left foot a ¼ turn to the left
- 7&8 Kick the right foot forward, step back in place on the right foot, step the left foot a ¼ turn to the left
- 9-16 Repeat 1-8

SECTION C

WALK RIGHT, LEFT, FORWARD RIGHT COASTER STEP, WALK BACK LEFT, RIGHT, LEFT COASTER

- 1-2 Walk forward right, left
- 3&4 Step forward right, step left next to right, step back right (bring arms into chest then circle out)
- 5-6 Walk back left, right
- 7&8 Step back on the left foot, step the right foot next to the left, step forward on the left (clench fists: right up, left down, left up, right down, right up, left down)

WALK RIGHT, LEFT, TOUCH RIGHT SIDE, TOUCH RIGHT HEEL FORWARD, WALK BACK RIGHT, LEFT, RIGHT COASTER

- 1-2 Walk forward on the right foot diagonally right, walk forward on the left foot diagonally right
- 3 Touch the right toe out to the right side (arms: diagonally right)
- 4 Touch the right heel diagonally forward left leaning back (hands: straight up)
- 5-6 Walk back right, left
- 7&8 Step back on the right foot, step the left foot next to the right, step forward on the right (square back up to the front)

Roll your arms in front of each other in front of your body

WALK RIGHT, LEFT, TOUCH RIGHT SIDE, TOUCH RIGHT HEEL FORWARD, WALK BACK RIGHT, LEFT, RIGHT COASTER

- 1-2 Walk forward on the left foot diagonally left, walk forward on the right diagonally left
- 3 Touch the left toe out to the left side (arms: diagonally left)
- 4 Touch the left heel diagonally forward right leaning back (hands: straight up)
- 5-6 Walk back left, right
- 7&8 Step back on the left foot, step the right foot next to the left, step forward on the left (square back up to the front)

Roll your arms in front of each other in front of your body
