

Feel Like Crying

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Amanda Harvey-Tench (UK)
音樂: Cry to Me - Ronnie McDowell



STEP, HOLD, SHUFFLE FORWARD, ROCK STEP, TURNING TRIPLE STEP

1-2 Step forward on right foot, hold
3&4 Left shuffle forward (left-right-left)
5-6 Rock forward on right foot, rock weight back on to left
7&8 Triple step right-left-right making a ½ turn to the right

9-10 Step forward on left foot, hold
11&12 Right shuffle forward (right-left-right)
13-14 Rock forward on left foot, rock weight back on to right
15&16 Triple step left-right-left making a ¾ turn to the left

WEAVE, SIDE ROCK, CROSS SHUFFLE

17-20 Step right foot to right, cross left behind, step right foot to right, cross left in front
21-22 Rock right foot to right side, rock weight on to left
23&24 Cross right over left, step left to left side, cross right over left

25-28 Step left foot to left, cross right behind, step left foot to left, cross right in front
29-30 Rock left foot to left side, rock weight on to right
31&32 Cross left over right, step right to right side, cross left over right

SIDE STEP, HOLD, ½ TURN LEFT, HOLD, CROSS ROCK, SIDE SHUFFLE RIGHT

33-34 Step right foot to right side, hold
35-36 ½ turn over left shoulder stepping left foot to left side, hold
37-38 Cross rock right foot over left, rock weight back on to left
39&40 Side shuffle to the right (right-left-right)

STEP, PIVOT ½ TURN, TURNING TRIPLE STEP, ROCK STEP, STEP FORWARD, TOUCH

41-42 Step forward on left foot, pivot ½ turn right
43&44 Triple step left-right-left making a ½ turn right
45-46 Rock back on right foot, rock weight forward on to left
47-48 Step forward on right foot, touch left beside right

BALL-CROSS, HOLD, BALL-CROSS, HOLD, BALL-CROSS ROCK, SIDE SHUFFLE RIGHT

&49 Step ball of left foot to left side, cross right foot in front of left
50 Hold
&51 Step ball of left foot to left side, cross right foot behind left
52 Hold
&53 Step ball of left foot to left side, cross right foot in front of left
54 Rock weight back on to left
55&56 Side shuffle to the right (right-left-right)

CROSS LEFT, HOLD, BALL-CROSS, HOLD, BALL-CROSS ROCK, TURNING TRIPLE STEP

57-58 Cross left in front of right, hold
&59 Step ball of right foot to right side, cross left behind right
60 Hold
&61 Step ball of right foot to right side, cross left in front of right

62 Rock weight back on to right
63&64 Triple step left-right-left making a ½ turn left

REPEAT
