

Feel Bad

拍數: 64 牆數: 2 級數: Improver
編舞者: Jos Slijpen (NL)
音樂: I Feel Bad - Dean Miller



SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP

- 1 Right scuff to right side
- 2 Right cross step over left
- 3 Left scuff to left side
- 4 Left cross step over right
- 5 Right scuff to right side
- 6 Right cross step over left
- 7 Left scuff to left side
- 8 Left cross step over right

CROSS ROCK, STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, STOMP

- 9 Right cross behind left (rock) and touch hat with left hand
- 10 Left step in place (still crossed over right)
- 11 Right scuff to right side
- 12 Right cross step over left
- 13 Left scuff to left side
- 14 Left cross step over right
- 15 Right scuff to right side
- 16 Right stomp next to left

¼ TURN RIGHT, TOUCH, ¼ TURN LEFT, TOUCH, ¼ TURN RIGHT, TOUCH, ½ TURN LEFT, STEP

- 17 Right ¼ turn to right
- 18 Left touch next to right
- 19 Left ¼ turn to left
- 20 Right touch next to left
- 21 Right ¼ turn to right
- 22 Left touch next to right
- 23 Left ½ turn to left
- 24 Right place next to left

SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP

- 25 Left scuff to left side
- 26 Left cross step over right
- 27 Right scuff to right side
- 28 Right cross step over left
- 29 Left scuff to left side
- 30 Left cross step over right
- 31 Right scuff to right side
- 32 Right cross step over left

CROSS ROCK, STEP, SCUFF, CROSS STEP, SCUFF, CROSS STEP, SCUFF, STOMP

- 33 Left cross behind right (rock) and touch hat with right hand
- 34 Right step in place (still crossed over left)
- 35 Left scuff to left side
- 36 Left cross step over right
- 37 Right scuff to right side

- 38 Right cross step over left
- 39 Left scuff to left side
- 40 Left stomp next to right

¼ TURN LEFT, TOUCH, ¼ TURN RIGHT, TOUCH, ¼ TURN LEFT, TOUCH, ½ TURN RIGHT, TOUCH

- 41 Left ¼ turn to left
- 42 Right touch next to left
- 43 Right ¼ turn to right
- 44 Left touch next to right
- 45 Left ¼ turn left
- 46 Right touch next to left
- 47 Right ½ turn to right
- 48 Left touch next to right

STEP, SLIDE, TOUCH, STEP, SLIDE, TOUCH

- 49 Left big step to left and touch hat (counts 49-52) with right hand
- 50-51 Right slide next to left
- 52 Right touch next to left
- 53 Right big step to right and touch hat (counts 53-56) with left hand
- 54-55 Left slide next to right
- 56 Left touch next to right

OUT, OUT, CLAP, IN, IN, CLAP

- & Right step to right
- 57 Left step to left
- 58 Hold and clap
- & Right step to left
- 59 Left step next to right
- 60 Hold and clap

TOUCH, CROSS, UNWIND, CLAP

- 61 Right touch to right
- 62 Right cross over left
- 63 Unwind ½ left ending with weight on left
- 64 Hold and clap

REPEAT
